Cosmic Christ Consciousness

Understanding Christ for non-Christians

by

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Introduction

“Beloved one, it is a great, great step for humankind when you allow yourself to awaken in the morning and say, ‘I Am the realised Christ. I Am the awakened Christ. I will be happy in this day. I will go freely in this day. Bring it on. I want it all.’ And when you say that, it will all come.”


In 1989, I attended a talk by Ramadahn who was channelled by the well-known medium Ursula Roberts. This took place in the North London house of a dancer who had travelled to China and created her own Tai Chi form so most of the people there were her students. At the end of the talk I said that he kept going on about this ‘Christ Light’ and asked what it was. Ramadahn replied that it was where people whose focus was the Christ went after death. He added that, since Britain was steeped in the energy of Christian prayers, the most powerful healing method we could use was to raise people up into the white Christ Light through visualisation. He said that bringing new religions, such as Buddhism, into the country could only serve to dissipate that energy, implying that the spiritual power here would be lost in time. Being interested in Buddhism and Taoist philosophy at the time I took it as a kind of warning of where the country was headed. Since I also practised absent healing I decided to incorporate this technique, using it at the end of a session. And so...although a stranger and some time opponent of all forms of organised religion, I had been introduced to the concept that ‘Christ’ amounts to a whole lot more than just some guy who is reported to have died on a cross at the hands of the Romans. Thus, when I found mention of it in channelled messages discussing the planetary Ascension process, I was eager to learn more rather than turning away in the customary British reaction to Christianity; that is, in horror! Moreover, this enquiry into the nature of the Christ would not have commenced back in 2008/09.

“When you become the surrendered heart and consciousness, that the Love I Am may live here as you...yet of yourself, your little self, you do nothing. Instead, you allow the Christ Light, your Real self to do everything for and as you. At first it may seem confusing but the only thing that is confusing, dearest ones, is that there will be a tiny space, a pause, a waiting before the arrival in each situation of the great flow of Love that is your Christ life, pouring through your heart and your consciousness and directing every aspect of your life on Earth as you become its embodiment.” - From The Messages from God (channelled through Yael and Doug Powell, 22 September 2011, www.circleoflight.net).
As I mentioned in the Conclusion of Monstaville Book 2, I experienced the Christ love for one whole day in about 2006. When I asked St. Germain if he could help me find it again he said that was nothing. I said 'It was pretty overwhelming!' There is Love and there are temporary excuses for love which are illusory projections, kind of like chasing our own tails. Hence, they say that 'love is for the young.' There is a difference between being loving and being Love. We're here to be powerful Christ-suns! It was a taster but, honestly, others I've met who have had this experience feel the same way as me about it: it's like, 'Oh shit! I can't afford to be in that state all the time.' Haha. Because it takes over. It's like an atomic love explosion and the only thing you care about is helping, or serving, everyone any way you can. I made these big and stupid plans that day and when I woke up in the morning it was gone. It was a relief and yet I knew that was the only happiness that exists. Basically, that Light is reality and the rest, all our ego projections and lives, it's all a dream. I did not wish to be of service anymore with that much intensity. I'm a busy man! I found it inconvenient in a practical sense. And, besides, I did not really have a viable outlet and was unprepared. I'm no Christian. I was not seeking that experience. I injured the ring finger of my right hand in a martial arts class! That triggered it because, as St. Germain explained, there is a meridian that connects this finger and the heart. In fact, I felt that the ascended masters were responsible for a cut on the ring finger of my left hand whilst I was playing frisbee during the summer of 2009 (the frisbee was broken and the inner ring was made from hard plastic). That is why mentioned it. In fact, I said to him, 'Can I have that love back?' There was also an occasion when I managed to commune with the Christ during meditation on a train in the London Underground whilst working after having read a channelled message and doing the invocation at home. There was just a special flavour to the energy shared with me that afternoon that left a lasting impression.

"The whole idea of compassion is based on a keen awareness of the other...The whole purpose of life is to live by love." - Thomas Merton.

The 'saviour,' to my mind, is the Christ Light which will shine through humanity in a mass awakening hence it is referred to as the Second Coming. To demystify it somewhat, this Christ energy appears to be both a being, a Child of God, and a band of dimensional energy from the 9th to 12th dimensions (according to Serapis in The Ascension Handbook). It functions to provide us with a foot up the ladder, to shift from 3D to 7D and beyond, to return to the higher realms from whence we came. Knowing this level of our own consciousness as gods is what will create the new Golden Age. Mother Mary refers to the heart becoming "a raging, burning Furness which cannot be reversed" once "the Sun, the Christ dimension," comes to us. The heart, she says, is "shifting into a flaming Alter of the Light." (channelled through Mary-Ma McChrist, 14 August 09, www.mother-matrix.org). The Christ might be described as a collective field of energy.
which is an extension of one being. Jeshua appears to hint at this concept in this further description: “It was this Christ energy that had to become lower than the angels - to hold spirit in flesh-to express what you call ‘divine thought.’ The Christ means divine thought which is your heritage and your only way of receiving inspirational guidance and the molecular healing that will one day reclaim your long lost, full consciousness. This divine thought, originated by the Creator, is what runs the celestial, angelic, soulic and galactic kingdoms of light.” (– Jeshua/Christ (channelled through Virginia Essene, New Teachings for an Awakening Humanity, Spiritual Education Endeavours Publishing Company, Santa Clara, CA, US, p.222).

A question was put to Kirael: “Where does the Christ Consciousness predominate on Earth?” The Master Guide replied: “Nowhere. The Christ Consciousness is everywhere. Every race of people has a Christ Consciousness, so no one race is superior or inferior to another.” (‘More on the Journey to the Shift,’ channelled through Kahu Fred Sterling, www.kirael.com/content/view/557/38).

Whilst contemplating the topic of the Indigo and Crystal states of activated DNA/levels of consciousness, I asked myself the question, ‘Can ‘Crystal’ energy be equated to ‘Christ’ energy in some way?’ Synchronistically, my young American friend Matt Hobby posted a bulletin stating this very thing at the exact time I was writing this! (I visited my homepage and there it was!):

“I have come to realise that the energy of Christ has been held by many people. The Christ I am talking about is the Christ within. You are capable of embodying the energy of Christ. All there is to do is open your heart to your inner wisdom. It’s been called by names such as Unity Consciousness, Heart Centred Creation, Christ Consciousness and so on. The word Christ is similar to the word Crystal. It is said that the aura of an enlightened being is a crystal field surrounding that being, and it has been displayed in art for centuries as a golden halo or circle around the head. Look at Buddhist, Hindu, Christian and other statues and paintings - they usually have a golden ring around their head - this means Christed Enlightenment. It is a state of awareness that resonates above dual consciousness, without polarity. It is Unity, embodying both polarities in one benevolent energy. The Christ within comes from your heart. You will know when you have reached this state of awareness when you feel the loving wisdom flow from you like a river that just flows without you really even having to put forth any effort. You will know the words that you feel and speak are real and without contamination as it couldn't be possible for it to be wrong. You feel in your heart that you have found the answer but you don’t know how or why you found the answer - it just is....

BTW: Ascension is becoming fully conscious in the unity consciousness grid during the process of life; however Resurrection is dying then moving into Unity consciousness and starting life again from that point. That is why Jesus died and then was Resurrected.
In the past, humans have had to die to become Ascended Masters but now with the coming of The Golden Age, millions of souls will be able to Ascend without going through death. It’s like the Universe is going through an Upgrade.”

White Eagle tells us that we must live for spirit rather than matter for this is the secret of life: “to live, to know and to be in the consciousness of the Infinite Love and Light.” (The Light Bringer, The White Eagle Publishing Trust, Hants., U.K., 2001, p.132). He tells us that “to live rightly you must live to develop the consciousness of the Great White Light or the Christ within yourself.” (ibid. p.132). The Christ, or Christos, energies are a degree of divine Love and, therefore, of divine Being too. They reside in the heart. Either they derive directly from the heart of God or they evolved in a far-off universe and tend to broken worlds and help their inhabitants onto their seats as divine beings made whole again. It is this Christ consciousness (infused by these uplifting frequencies of love) that the higher beings are anxious that all of humanity embodies because, according to Kryon, the Christ arrived on Earth 2,000 years ago but it has been suppressed ever since. Consequently, the Christing process has been delayed by this length of time. “It’s time for the sun to shine dear ones,” he says. “We are here to enter a whole new world, a whole new point of view, a completely new way of living, and this has been available for the last two thousand years. There has been much information suppressed and what you are hearing here tonight has been kept a secret for two thousand years. It can be very difficult to understand; allow these energies into your bodies, these are energies of love, the new world is about love and about creating a loving reality. Internally you become just like a family unit, the more that your father loved your mother the more that your father could hold your mother the more feminine energy would flow for your inner child who in turn would copy exactly, to the atom, how your inner family unit works.” - Kryon (channelled through ‘The Divine Constellation, 1 April 2010 at Rosario, Argentina, www.kryon.org.za/ChannellingNo458.htm).

White Eagle refers to the Christ variously as white or gold Light. It is “the great white light” and it is the Golden light of the Spiritual Sun. He explains that, while we humans get Christ as an ideal way of behaving - gentle, meek and loving – we neither realise how glorious the Solar Logos is nor understand that it is the energy and life of both ourselves and the planet upon which we dwell. The qualities of humility and simplicity allow this golden light to reach us. It is thus that we are able to ‘open our hearts to its blessing.’ The spark of light, of solar force, which sleeps within us “bursts into fire.” It is buried deep within and we must be genuinely ready of our own free will to embrace the truth of ourselves on a higher level and adore this Son of God that we also are. (The Light Bringer, The White Eagle Publishing Trust, Hants., U.K., 2001, p.78). In other words, we cannot realise the Christ within ourselves if we are attached to the finite ego. Transcendence of one state of being is accomplished through profound appreciation for something far
greater. And, no doubt, it is through great suffering that we develop this humble willingness to surrender our limited sense of self with its physical orientation.

“The great white light of Christ is the healer of all ills of body and of soul. It heals the physical body, and is the great solvent of all shadows. It is ever the builder, ever the constructor, and you are called by the hosts invisible into service with the light, into action.” (ibid. p.103).

White Eagle offers some advice to prepare ourselves for service as channels for the Christ love and light, “the light which holds the balance: this is what works the magic.” (ibid. p.85). He tells us “to become aware of the invisible forces which are playing upon the Earth life. You must train your body and your higher vehicles to become consciously aware of this stream of light which finds entrance into your being through the psychic centres; you must learn to be aware of this circulating light stream which vivifies and can glorify body and soul, and pass from you, directed by your highest self, to heal the sick throughout the world – the sick in body and mind. The vibrations and the power of the angels and the great spiritual beings work through human channels to build heaven into the human consciousness.” (ibid. p.103).

White Eagle describes the birth of Christ in a human being as the greatest thing that can happen on Earth. When the Christ rules matter through humanity there will be no more darkness on Earth. “For the Earth’s vibrations will become so etherealised, so harmonised, that it will be a world of Light.” (ibid. p.62).

“Only when these spiritual qualities are unfolded is man-woman raised up by the Christ spirit so that he-she can behold and actually take part in a life of unimagined beauty - harmonious, holy, healthy, peaceful - but also a life full of energy and activity and service, and at the same time a life which can be enjoyed in tranquillity. All this would seem almost impossible, particularly during the dark years of the past century, but the darkness will lift and the sun will shine again.” (p.134).

This symbol of the beautiful, blazing Star has been built as a “result of a long period of God-thought, good thought, loving thought, constructive thought, which has been sent forth by those working on Earth and in spirit.” (ibid. p.131). The rays of the Christ Star stream forth continually, illumining the Earth and the unseen realms that surround it. The symbol itself is a six-pointed star, comprised of two triangles, one facing upwards and the other facing downwards (the Star of David). This symbol depicts “the perfectly balanced soul, the soul whose head is in the heavens.” (ibid. p.131). This soul is someone who has their head in the heavens, receiving light from above, and feet planted firmly on the earth, following the path of spirit which is to share the joy and happiness of the spirit with others.
White Eagle informs us that the Christ is “the spiritual power of the divine will that is in everyone.” (ibid. p.114). He also says that no harm can break through to us while the Christ is manifesting through us: “The Star is not only a great cosmic power, it is also a tender, loving, guiding power, a protecting power in your own lives. If you can surrender yourselves to the sweet and lovely star radiance, you will find that your path will be one of light and happiness and gentle peace.” (ibid. p.131). He warns that we must learn to control the power flooding through us and that it is important to open ourselves in “humility, sweetness and love to the Christos.” (ibid. p.131). For, Christ’s residence is within the heart as represented by the apex of this star’s uppermost triangle. Christ, he explains, knows our ‘fears and sorrows’ and will comfort and guide us as we open ourselves to receive this love and power. We are to send this Light out through the heart rather than force it out through the third eye, he says: “try first to get that feeling of love in your heart.“ (ibid. p.132).

"Britain contains some of the most sacred and holiest points of divine power on the surface of this planet...Britain, therefore, is one of the great spiritual centres of the World...as the next coming of the Christ has indeed been destined to take place in Britain the Nazarene’s visit to this land was intended to symbolise the next place of incarnation of the Christ Light... So, remember that Britain has had a glorious past and is a most holy and sacred land. Truly the angels have walked, and still do walk upon England’s green and pleasant land. In the future Britain is to play a role which is without parallel, for which the people who now inhabit these shores have to undergo a period of transmutation, of transformation, so that in this change of the Earth that is to come, in this cataclysmic rebirth at the turn of the century, she may be ready to fulfill the true purpose of her being: the resting place of the Christ Light." (The Revelation of Ramala, 1978, www.sacredconnections.co.uk/holyland/sacredbritain.htm).
My Experience of Christ Love

“When you become the surrendered heart and consciousness, that the Love I Am may live here as you...yet of yourself, your little self, you do nothing. Instead, you allow the Christ Light, your Real self to do everything for and as you. At first it may seem confusing but the only thing that is confusing, dearest ones, is that there will be a tiny space, a pause, a waiting before the arrival in each situation of the great flow of Love that is your Christ life, pouring through your heart and your consciousness and directing every aspect of your life on Earth as you become its embodiment.” - From The Messages from God (channelled through Yael and Doug Powell, 22 September 2011, www.circleoflight.net).

As I mentioned in the Conclusion of Monstaville Book 2, I experienced the Christ love for one whole day in about 2006. When I asked St. Germain if he could help me find it again he said that was nothing. I said 'It was pretty overwhelming!' There is Love and there are temporary excuses for love which are illusory projections, kind of like chasing our own tails. Hence, they say that 'love is for the young.' There is a difference between being loving and being Love. We're here to be powerful Christ-suns! It was a taster but, honestly, others I've met who have had this experience feel the same way as me about it: it's like, 'Oh shit! I can't afford to be in that state all the time.' Haha. Because it takes over. It's like an atomic love explosion and the only thing you care about is helping, or serving, everyone any way you can. I made these big and stupid plans that day and when I woke up in the morning it was gone. It was a relief and yet I knew that was the only happiness that exists. Basically, that Light is reality and the rest, all our ego projections and lives, it's all a dream. I did not wish to be of service anymore with that much intensity. I'm a busy man! I found it inconvenient in a practical sense. And, besides, I did not really have a viable outlet and was unprepared.

I'm no Christian. I was not seeking that experience. I injured the ring finger of my right hand in a martial arts class! That triggered it because, as St. Germain explained, there is a meridian that connects this finger and the heart. In fact, I felt that the ascended masters were responsible for a cut on the ring finger of my left hand whilst I was playing frisbee during the summer of 2009 (the frisbee was broken and the inner ring was made from hard plastic). That is why mentioned it. In fact, I said to him, 'Can I have that love back?' There was also an occasion when I managed to commune with the Christ during meditation on a train in the London Underground whilst working after having read a channelled message and doing the invocation at home. There was just a special flavour to the energy shared with me that afternoon that made a lasting impression.

Now, a Christian lady of South American descent once told me in a discussion on the worldwide web that she would “rather be with love than be wise.” That love appeared to
be largely conditional, however, and suited her dominant Leo personality and purposes. I replied, “Ah, but if you're truly wise, you have love. And, if you truly love, you are wise.” After that, all hell broke loose because, naturally, women stick together! I came under attack for challenging someone’s beliefs. I didn’t feel I was but I had certainly touched a nerve in the Catholic Sorority.

“I have no interest in beliefs and no beliefs to defend but all are free to believe as they wish...or allow emotionalism to obscure objective truth because they do not really want to face themselves and look beyond the mirror for goodness knows what dark spots are there that need to be experienced and released, hmmm? Therefore I am never offended but do defend truth, yes. If someone posts in a group am I not entitled - even invited - to share my view and give my response? And, far from challenging this statement, I was simply adding to it. The implication being that love and wisdom are two sides of the same coin: qualities of the Goddess.”

Anyway, I was asked politely if I knew anyone in love and wise at the same time? Another lady sensibly (even wisely) interjected that it depends on whether it is a romantic love which can be coloured by hormones and other factors or the pure love vibration. Indeed, we were supposedly talking about divine love, I thought; that is, real love as opposed to temporary emotional highs. “In my case,” continued the first lady, “it has never been wise love, but I suppose the trick is to be wise in love. Haha and pick the right person.” She went on: “It may well be that until we love ourselves fully we are not ready for such a relationship.” The wise lady responded: "Without a friendship and a genuine liking and a willingness and courage to allow each other the freedom to be truly their self there can be no enduring love.” The first lady concluded: “I think love finds us when we are ready.” To which I replied, “I think by that time it doesn't matter to us whether it's in the form of another or not. We're here to be atomic Christ-suns!”

“It matters to me. Although I can see your point.”

“I said 'by that time,' not now. Of course it matters to you now because you haven't switched the light on in your own heart yet.”

“Haha the light in my heart is on for me, my family, friends and all of humanity and of course mother Earth. I have deep love and light which I share to all that I have mentioned.”

“I think,” said the wise lady, ”rather than not having the light switched on it is more that we are talking about different kinds of love here. There are so many kinds. Love of a beloved, a child, a friend then there is Universal love, the pure love vibration that we get from God or the Source, what ever name you prefer. Love between two people often comes with strings, expectations and conditions. Whereas the love the angels,
Guardians, God, has for us is totally unconditional. And that is a hard thing for most of us to achieve.”

The confrontational lady, who took it upon herself subsequently to harass and remould me, persisted: “I am just curious why you don't think the light is switched on in her heart. She is one of the most loving, beautiful compassionate people that I know??”

At that point, I decided to lay my cards on the table. “I experienced the Christ love for one whole day,” I commenced, “and when I asked St. Germain if he could help me find it again he said that was nothing. I said 'It was pretty overwhelming!' There is love and there are temporary excuses for love which are illusory projections, kind of like chasing our own tails. Hence they say 'love is for the young.' Well, there I just explained it. There is a difference between being loving and being Love. Now the Leo lady told me that I must have been referring to one sided love. “The type that gets their heart broken,” she said. “These are experiences we all go through. But it is like you said love begins by loving our selves first, truly living our selves the rest flows…” Hmmm... well, in matters of romance she could intuitively have been referring to me there!

Wise lady: “What an amazing experience for you Antraeus to have experienced that beautiful pure source of love. Do you think the Christ love is achievable as a daily thing or was it very intense, the kind that could almost be overwhelming.” The fire-breathing dragon was not interested! She said she was confused and asked if I was saying that her friend did not have love in her heart? “Please answer w/o avoiding please.” I replied, “No.” She then said, “Can you explain pls b/c I do understand what you are saying.”

“A Christed soul shines in all directions and is therefore universal love,” I explained. “You'll remember when you remember who you really are as your own Christed Self. It was a taster but, honestly, others I've met who have had this experience feel the same way as me about it: it's like, 'Oh shit! I can't afford to be in that state all the time.' Haha. Because it takes over. It's like an atomic love explosion and the only thing you care about is helping/serving everyone any way you can. I made these big and stupid plans that day and when I woke up in the morning it was gone. It was a relief and yet I knew that was the only happiness that exists. Basically, that Light is reality and the rest, all our ego projections and lives, it's all a dream.

Finally, the pushy Sagittarian French-Canadian lady asked, “So you did not want to be of service anymore?” “Not with that much intensity no,” I replied. “I'm a busy man! Haha. I found it inconvenient in a practical sense. And, besides, I did not really have a viable outlet and was unprepared.” Then, out of the blue, she gave me the benefit of the doubt and extended a few words of affectionate approval towards me.
“Funny that,” said the Leonine queen. “The Christos you are referring too, many people have felt. It is the reason a lot of people are led to make a difference in this world. Remembering who we are is being the heart virtues. It comes very natural this high frequency when it is only love and well being of others that we seek.” I responded, “Hmmm... well, I wasn't seeking that. I injured my ring finger [right hand] in a martial arts class! That triggered it because, as St. Germain explained, there is a meridian that connects this finger and the heart. In fact, I felt that the ascended masters were responsible for a similar injury whilst I was playing Frisbee [left hand, I think]. And that's why I mentioned it. In fact, I said to him, 'Can I have that love back?' I'm no Christian loll.” I then learned, courtesy of my fellow Sagittarian that the wedding ring is placed on that finger on the left hand owing to its connection with the heart. She was informed of this when she got married. “It was my right hand but could be both,” I said. “Yeah perhaps that's right.”

“My role in society, or any artist's or poet's role, is to try and express what we all feel. Not to tell people how to feel. Not as a preacher, not as a leader, but as a reflection of us all.”

John Lennon
Who is the Christ?

“'Christ' is the all-pervasive field of Wisdom-Love, not any particular being.”
– Jayem (‘Way of Mastery: Foundational Principles,’
www.awayoflife.net/free_spiritual_libraryx/3110.html,
www.wayofmastery.com).

“Bring into this year your consciousness of unstressful living, the joy of living. Project your joy, your knowing, your remembrance of how it can be to live the life that is happy, the life that is fulfilling, even if you do no more than just sit in the rocking chair that is most comfortable, and to meditate and to send out good thoughts. You do influence ones you may never see with the physical eyes because of the shared consciousness. Your consciousness is not confined just to you and what you see as your body and the energy around your body. It is expansive. It reaches out and it touches all living beings. Whether they receive it or not, that is their choice. But if you have the guidance to sit in the rocking chair all day and to meditate upon peace and to send out the feeling of joy, non-stressful being, there is no one, no thing, no great referee who is going to say that you have to get up out of that rocking chair and that you have to do X, Y and Z.

So as you walk in this year, allow yourself to be a new person in Christ. You have heard that before. Not a new person in Christ as it has been defined as one Christ, one Jesus, one Jeshua, but a new person in the Christ consciousness that knows itself to be free, knows itself to be fifth dimensional peace, energy, harmony, and to go with a light step.”

“This is Lord Ashtar who serves the Most Radiant One (the Christ) in his Mission of Love.” This is how Ashtar of the Ashtar Command and The Galactic Federation of Light introduced himself in a letter calling for people to try and persuade the mainstream media to cover the Disclosure Hearing in Washington DC from 29 April to 3 May 2013.

“The Christ is our supreme commander. We work in conjunction with the archangels, specifically Archangel Michael. We are a broad-spectrum alliance of beings. We come from near and far in the universe and from other universes. We come as volunteers and servants and I will tell you why we come. It is because we have experienced so much love we don’t know what to do with it. And we must share. So we come from the far corners of the universe, to areas which have yet to attain the restructuring and reordering that the Creator has ordained, and we come in a timely manner to assist. Now we will assist

“I like your Christ, I do not like your Christians. Your Christians are so unlike your Christ.”
- Gandhi.

“We must not take as gospel other people's ideas and thoughts, for that is all they are. If we hold their ideas as Truth this blocks our own Intuitive expression. It doesn't matter how talented, eloquent or famous they are or if they are healers or spiritual teachers or how many books they have written. We may use them as a guide but as soon as we concretize their ideas into our minds we become a prisoner to them. We must look to the Christ within to be the teacher. We must give freedom to Christ and not block the flow of inner Divine Inspiration. This is how we expand our consciousness into Christ Consciousness. Christ said: 'I AM the way the Truth and the Life, no one cometh to the 'Father' but by me.' This means we must go through the Christ Self to reach enlightenment. No one can enlighten us but Christ, in him alone shall we become whole... All that stands between you and your Christhood are your ideas and beliefs.” – Leona Lal-Singh (www.theascendedmasters.com).

“You asked us, 'Is the Lord Sananda the Ascended Master version of Jesus Christ?' The men on Earth who lived lives that contributed to the person you know as Jesus Christ embodied the Christ consciousness. Sananda is the archetype geometric master that is the personification of Christ consciousness. Therefore, he could be viewed as the Ascended Master version of any person living on Earth who embodied Christ consciousness within their lives. But Sananda is not an ascended version of any one human being. Those who walked the Earth, who make up the person you know as Jesus, have moved forward in their journey and their soul construct is part of Sananda simply because they embraced the Christ consciousness. Yet, Sananda embraces many, many soul constructs including all the Lightworkers on Earth today.” – The White Winged Consciousness of Nine (channelled through Magenta Pixie, www.magentapixie.com).

“The historical figure of Jesus was an incarnation of an Ascended Master whose fields were sufficiently clear to allow the high-frequency energy of Spirit (from the Christerd dimension) to blend with his fields, to the extent that he was able to perform the Christ/Sananda function on the physical plane. In that lifetime, he was such an open channel that Spirit was able to embody the Christ energy in his fields. Anyone coming within his field was flooded with that energy and, if they in turn were open enough, could experience that energy through resonance.

Those whose fields contained any energy that was not of self-love – such as guilt, self-recrimination or self-blame – felt very uncomfortable in his presence, even though Unity Band energy is, itself, totally non-judgemental. O the one hand, Christ energy

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amplifies love of self and others, and raises its frequency even higher. On the other hand, energy not of love of self and others is revealed in stark relief and you are forced to acknowledge it. If you are unwilling to accept it as yours, you may project the anger, hatred, bitterness and fear out onto a convenient target. Jesus was such a target, of course. It is ironic but true that when faced with Unity, people project their feelings of disunity onto the source of the unity. Thus the biblical figure of Jesus was seen as divisive.

Be aware, therefore, that when you experience the Unity Band energy for the first time, you may feel the exact opposite of unity. Don’t worry. Be glad that you can feel the energy of separateness in your fields: old imprinting laid down over the years that you can now dump.”


“Jesus came to Earth to impart powerful message about a new age of spiritual consciousness where humans could at last carry around the entire enlightened power of their soul entity with them, and could finally contain the power of the love therein. What a powerful message this is!” – Kryon (channelled through Lee Carroll, The End Times (New information for personal peace), The Kryon Writings Inc., CA., U.S., 1993, p.58).

“Only Christ can so inform the cellular structure of the body that even the simplest of gestures extends Love unto another who beholds it. Only Christ knows how to breathe the breath that release all trauma, all hurt. Only Christ understands the power of true forgiveness, which is always, by the way, forgiveness of one’s self, since no one has wronged you at any time…Only Christ can walk in this world, yet not be of the world. And only Christ can transcend every limited and fearful creation, transforming them into the beautiful flower that blossoms and gives its sweet fragrance to all of creation. Is it not that which you long to feel moving through your being?...Love you, therefore, one another. And love you, therefore, the Self that has been given unto you of the Father. Learn to hear only that voice. Learn to desire only that voice. Learn to follow only that voice that knows the Truth is true always." – Jeshua (channelled through Jayem, The Way of Mastery, p.85).

Question: Considering the sequence of waves of ascension, at which point would it be expected that the Christ will be here?

Ashtar: Well, I myself would not begin to speak for him. I would say, in my opinion, it will be at the last stage, in the final evacuation. During that stage and if it occurs. He has free will also. He is a slippery rascal. When you get to know him personally, you may find your conceptions a little bit expanded. He has quite a sense of humour. He is, you might say, the perfect manifestation of mankind. And also one with the Source. So it has been
written that he will return. And if this prophecy is to hold true then it would be at the final evacuation, the third wave.”


"The first step is fully and completely to control all outer activities of thought, mind, and body, with the thought always uppermost that you are cultivating the habit of perfection, the God habit, the Christ-of-God habit. Do this wherever you are, every time it comes to you during your working or resting hours. See this perfect presence within you. Get into the habit of seeing this perfect presence as your real self, this Christ-of-God presence. Then go a little further. See a Divine White Light, dazzling in purity and brilliance emanating forth from the very centre of your being. See it shining forth with such brilliance and glory that it emanates from every cell, fibre, tissue, muscle, and organ of your whole body. Now see the true Christ of God standing forth, triumphant, pure, perfect, and eternal. Not the Christ of me, but your own true Christ of God, the only begotten of your Father God, the only true son of God, the triumphant and all conquering Godhead. Step forth and claim this as your divine right and it is yours.

Every time you say, 'God', know fully that you are presenting God; and you will do the world a greater service by so doing than by presenting me as the Christ of God. It is far greater and nobler to see yourself as the Christ of God, you yourself presenting God to the world and beholding God as yourself.

You sit back and pray to me to intercede for you. It is wonderful that you do present me to the world as the Christ of God and recognise the God qualities presented through me, just so long as you do not make an idol or image of me and then pray to that idol. The moment you make a graven image of me and pray to that image, you debauch me and yourselves. It is well to see the ideal that I or anyone else presents, then make that ideal your very own. Then we are not apart or separate from God; as such, man conquers the world. Do you not see the greater thing to be accomplished by standing forth ONE with us in God?

If you cultivate this with love, reverence, devotion, and worship, it becomes a habit and soon it is all of you, your daily life and existence. In a short time you have brought forth Divinity. You are once more the Divine Christ, the first-born of God. You are One with Primal Spirit, Energy. Actually feel, see, and take hold of this Great Light; accept, declare, and know positively that it is yours; and in a short time, your body will actually send forth this light.

In every age and every condition, all through the great immensity, this supreme light has existed; it is everywhere. This light is life.

When anything is made plain, we are enlightened regarding it. The light shines forth into our conscious concept. Soon the LIGHT of LIFE will shine forth to your watching eye, as it has to all great ones. Many of these great ones are portrayed standing
forth in a great blaze of light. Although you may not see it, this light is real and is life, radiating from your body."

The Christ Mind (and Power)

“The words 'Christ,' 'Christos' and 'Krist' are all associated with the word 'Krist' which is the sonic translation of the first level of creation, the closest to Source. The Krist Grid is the first Kathara Tree of Life Grid. In KS, terms such as ‘Christos’ are both concepts in terms of consciousness and also in terms of very specific mechanics and mathematics. The First Cosmic Kristos Seed Atom emerges within the centre of the First Krist Template the origin of ALL manifest expression and replicates itself as: Universal Christos Seed Atoms emerging within the centre of the Universal Christ Template or Universal Christ Divine Blueprint (D-12 pre-matter Liquid Light). Each 15 Dimensional Time Matrix is seeded by ONE of these Christos Seed Atoms which in turn replicate themselves as: God Seed Atoms or personal God-Sparks through which ALL individual manifest beings come into being... A HE-Thar-O Cycle is a naturally occurring phenomenon that replenishes energy from Source. This is the great Cleansing and Renewal period that was predicted in many ancient cultures. Even though records concerning this event had been stolen and then destroyed in Atlantis, the ancients always knew that this event would occur and eagerly awaited its arrival - not just for Earth, but for our entire Time Matrix. This HE-Thar-O Cycle [23 March 2002 – 21 December 2012] has also been known as The Second Coming of Krist. It is not a person that is returning, but a new cycle of the replenishing of the Christos Seed Atom, which will reset creation back to its original Christos Divine Blueprint.It is a natural function of how the Templar works.” - Ashayana Deane (‘The Kristos/Christos Seed Atoms & the Flame of Amoraea,’ 2009, www.azuritepress.com/the_kristos.html).

According to some information sent out by the Children of the Sun Humanitarian Foundation (www.childrenofthesun.org), the illumined and unified Christ Mind is the ‘consciousness of the Higher Mental Body.’ (23 November 2010). According to Spirit Science (part 12), a documentary by Jordan Duchnycz and Josef Dolezel, based on the work of Drunvalo Melchizedek (edited by Andrew S. Golden, 2011), the word ‘Christ,’ dates back more than 2,000 years. It is derived from the word Krysthl-a which is representative of the seven core audible sound tones of Creation. The original sounds heard when the Creation of the universe occurred were Ka Ra Ya Sa Ta Ha La. This was broken down into two words on Earth: Kryst, which became ‘Christ’ and Hl-a which became ‘Allah.’ (www.thespiritscience.net).

The Higher Mental Body is the Pure Christ Mind according to www.ascension-research.org. According to The Temple of the Presence (www.templeofthepresence.org), the Holy Christ Self is the Higher Mental Body and
“the ‘Only Begotten Son of God’ of our own God Presence – the Christ Mind aspect of our lifestream.”

“If Christ Truth be the premise of the abundant Life on earth, the lie of the anti-Christ as opposition to all that Christ Truth is and stands for will be set up as antithesis to tear down, break up, compromise and destroy.” - St. Germain (recorded by Mark L. Prophet and Elizabeth Clare Prophet, Saint Germain on Alchemy. Formulas for Self-transformation, Summit Publications, Inc., MT., U.S., 1985 and 1993, p.320).

“The Prince of Peace is imaged in the compassionate Christ going forth to teach all nations that the way of God is good, that his wonders are intended to be used and possessed by all and exclusively by none. A higher way of life than vain competition must be pursued. Men must become God-spurred and less motivated by status seeking. Teach this truth! The sharing of the grace of heaven is a message of eternal watchfulness from the Great White Brotherhood to all upon earth. Abundance and peace go hand-in-hand, and this state of felicity is the will of God. Let this planet, by the power of spiritual and natural alchemy, arise to build new homes, new churches, new schools, a new civilisation, new concepts, new virtue, new greatness – all in the bonds of eternal confidence which blazes forth from the very heart of God and is anchored within your own physical heart as the expanding flame spark of the Immortal Alchemist himself!” - St. Germain (recorded by Mark L. Prophet and Elizabeth Clare Prophet, Saint Germain on Alchemy. Formulas for Self-transformation, Summit Publications, Inc., MT., U.S., 1985 and 1993, p.90).

“There are those that will not want this new energy... they are misguided... they will eventually receive these energies. There is an agreement in spirit world that the entire planet goes into ascension process with the full help and intervention of spirit. Bringing the earth plane to a consciousness that is the pure Christ consciousness. This cannot be accessed by Western Christianity, only through deep meditation and intense inner work... the new energies come and the new energies will bring you all to that consciousness because hidden beneath your difficult personal relationships and your difficult relationships with your families you will find hidden a bright light, a bright shining light... allow yourselves to drop into a space where you can see this light and allow this light to shine through the darkness... the energies are coming from outside... and the energies are awakening on the inside... allow these external energies to energise whatever is needed to light up this true Christ consciousness in your body... allow the feelings to come and let them go and allow your spirit guides, who are very close to you at the moment... allow them to take you to the new world.

Just be in your bodies... and drop deeper and deeper and deeper... you have all done the work necessary to achieve this level of consciousness... and your bodies are being energised to allow this light to shine and to allow this energy to flow through
you…leading you to the steps required for ascension or the ascension process…as you awaken the Christ energy within you, you will feel more and more connected to Father Sky and Mother Earth and in turn this will energise your bodies and allow the Christ light to shine. This light from within will begin to dissolve all your social conditioning…on automatic…this is what everybody has been waiting for…the new energies that dissolve what is not conscious and automatic…and allow consciousness to flow through your bodies and allow you to connect into the new energies of 2012.

It is like a special adapter so that you can plug in your electric appliance. It is like wherever you are in your world you will always have the divine guidance…you will always have love in your heart, you will always have a deep connection to Mother Earth, you will always have abundance and live an abundant lifestyle…an abundance based in love, a complete shift from the old energies…allow these energies to filter through your bodies…allowing the reconnection where it is easiest…and the more you connect the more you will be connected, for that is the way of this new energy. This is a new kind of love that has been available for 2,000 years but your consciousness made it unavailable. It will begin to change so that it will take the form of the dodecahedron…and observe your bodies as the structure of your bodies begin to change, see it take the form of millions of little dodecahedrons…connect and allow the flow of love to flow through you, for this new structure brings the New World and this new structure will bring a connectedness that everybody will want. You will become like a lighthouse shining with light for all to see or like a pebble thrown into a pond radiating this new energy into your universe, into your inner world…this is the time that men will realise that they are Gods…and in the next two years and possibly a little longer, the realisation that you create your own reality will become understood here on earth. You are releasing what creates a negative reality and you are enhancing what creates a love based reality.

We always say, let’s let the love flow…allow the love to flow…”


“This is not a separation based tactic, per se, but rather a safeguarding of sacred creation as well as forces of protection for those who are not yet prepared to handle such high frequencies. These interconnected grid points will serve as the bridge portals for souls to walk over, both for souls who have ascended into triality consciousness to access duality, and for those ascending duality consciousness to access triality. These portals will serve as anchors of higher dimensional energy for the dismantling world and offer healing to those who feel called to serve. It will be up to those who have entered fully into triality (christ) consciousness to act as the gatekeepers and to work with these sacred portals in a way that will support the new-human and the new-earth.” - Lauren C. Gorgo (‘Human 2.0-christed edition,’ 11 May 2011, www.consciousco-creationalcoaching.blogspot.com/2011/05/human-20-christed-edition.html).
“Beloved one, take your power and say, ‘I Am the power of Isness. I Am the power of Christ. I Am That Which I Am. Lo, I Am with me always.’ If you take that to heart - Lo, I Am with me always, the Christ of me - know you what power that gives you. Once again to come truly alive - Lo, I Am with me always. Hey, maybe I’m more than I ever thought I was. Maybe I’m more than I was ever taught I could be. Maybe it’s not too late to come truly alive. Maybe I can allow the cells of the body to be the Lights that they are and to feel free and to go with ease, to float, as it would be, upon our holy Mother, the Earth; not to have to struggle; not to have to have deadlines, decisions, even goals to achieve, but just to go freely as the Christ that I Am.” – Jeshua (channelled through Judith Coates, www.oakbridge.org).

“Lo, I Am with you always. ‘Lo, I Am with me,’ as you will say to yourself, ‘always.’ You cannot escape who you are. For eons of time you have tried, and the divinity of you has allowed you to play in realities that have said that you are less than what you truly are. But you are growing tired of those realities, and the brothers and sisters are growing tired of that reality, as well. They are waiting for ones such as you who will say, ‘I Am joy, freedom, happiness. I Am the Christ. Lo, I Am with me always. This is the day that I have made. I will rejoice and be glad in it.’” – Jeshua (channelled through Judith Coates, www.oakbridge.org).

“Each time you choose to acknowledge the Christ power of you, you change the vibratory rate of the collective consciousness and you allow it to ascend. And truly at some point the collective consciousness is going to awaken and it is going to feel an ascension. Sometimes the bodies will feel it also and there will be the physical ascension, but that is not the important goal. That can happen, because you will come to that ‘Aha!’ place where everything dissolves into Light and you no longer need/want the body, and you are so Light that you ascend. But that is not, as I have said, the goal. The goal is to awaken to the place where you have the divine moment and you know, truly know, ‘I Am That Which I Am, that which I have always been. I Am the Christ, and I celebrate the Christ of me and - because there is no separation - the Christ of everyone I meet.’

Everyone you meet you have invited to be in your consciousness, to be in your awareness. Everyone you meet is of the same energy and the same fabric that you are. Everyone is the Christ, whether they know it or not. And you, as the days go by, are going to be recognising more and more Christs walking, interacting with you, to the place where you are going to be smiling and welcoming them.”

"all you need is faith, trust, and a little bit of pixie dust."
- Peter Pan
An article titled ‘The Photon Belt,’ written by Virgil Armstrong in 1995, states that the Photon Belt is Christ consciousness, its christed energies being the manasic radiation. (www.2012.com.au/Photon_belt.html). “The Photon Belt and accompanying manasic radiation,” says Armstrong, “are in and of themselves vehicles of transformation and transmutation. They are the guardian barrier and vehicle to see that none of the negativity of Earth escapes and contaminates the higher levels of consciousness. Presiding over all of this is the Christ, and upon knowing this, we can quickly see that the Photon Belt and the manasic radiation are the eminence of the Christ and its christed energies. Unless we are in accord with these energies, as we approach and enter the Photon Belt, we cannot hope to be a part of it and escape the negative influences of Planet Earth.” We are here to “accept the incoming Christ consciousness.” (ibid.). Moreover, as the Mayan prophecies state, he says, “Government, science and religion will collapse unless they are prepared to accept and facilitate the incoming Christ consciousness.” (ibid.).

Armstrong seems to suggest that Earth was meant to enter fourth density in the year 2,000 (he appears to get this mixed up with the fourth dimension but I believe he means fourth density). He reminds us “that it is destined that our planet be assured safe passage into and through the Photon Belt. The only question is, will you and I receive the same accord? The answer is yes, only if we, too, can accept, accommodate, and act out the incoming Christ consciousness.” The Photon Belt is thus also a 2000-year period of light, he claims. “Once again we are at that point where we are about to enter into this phenomenal period of light, the Golden Age of the past and the future. We are emerging from our oppressive cocoon of darkness and, like the butterfly, can emerge as something extremely beautiful, that is, our light bodies and our total communion with the Christ. That cocoon of darkness, despite its oppressiveness and negativity, has been our teaching and learning vehicle to qualify us once again to return from whence we came, the Photon Belt. We are again being offered the opportunity to break the fetters of this world of illusion to turn the mirror around, and in its place perceive our true reality.” (ibid.).

“With this, the restraints of negativity, illusion, polarities, judgments, control, hate, avarice and greed, jealously, killings and war will all fall away. Our special Earth assignment, which has been to experience and master negativity and illusion, will be fulfilled, and we can go home where we rightly belong. As we approach the Photon Belt and its eminence, the manasic radiation, we will become aware of the Christ consciousness and the call to arms. The call to arms is a declaration by the Christ that we
have been in darkness long enough and now it is time to go home into the light. In the final analysis, however, the choice is ours though our free will. The going-home process is not as simple as it would first seem, for we must first experience a tremendous transformational process which will enable us to eliminate our negativity and assume our bodies of light. This, in turn, will catapult us out of the enslaving energies of the third dimension into the fourth and fifth dimensions – the Photon Belt...

Graduation from the third dimension to the fourth and fifth dimensions is simple if we follow God's rules: walk and talk your life in love and forgiveness, and acknowledge that Supreme Being, the Creator, Infinite Intelligence, or whomsoever you deem it. Divest yourself of fear for it is food for the forces of darkness and will continue to hold you captive if you do not. As we get nearer and nearer to the Photon Belt and the incoming Christ consciousness, our bodies will undergo major transformational changes, ‘hopefully with our cooperation,’ changing our bodies of physicality into bodies of light which can facilitate the Photon Belt and the incoming Christ consciousness. Love and forgiveness, ceasing to judge, and eliminating fear are the keys for doing this...”

(ibid.).
Christ is in the Heart (an expression of Divine Love)

Christ Consciousness is the active energy of love according to Master Kuthumi. This energy is “love’s enkindling power.” - St. Germain (recorded by Mark L. Prophet and Elizabeth Clare Prophet, Saint Germain on Alchemy. Formulas for Self-transformation, Summit Publications, Inc., MT., U.S., 1985 and 1993, p.338). In ‘The Angelic Star of the Christ Meditation,’ Archangel Metatron, channelled through Natalie Glasson of the School of Om Na (www.omna.org), states: “I am love. I am the Christ.’ These can be used as affirmations to anchor the energy of the Christ into your being.”

A theory: It is possible that there is a plan to reintroduce love to humanity collectively in order to stimulate spiritual growth. The Ascended Masters appear to have a specific agenda which is to make up for lost time and birth the Christ energy in humanity. This, I suspect, is the reason why some seem to emphasise the love aspect of divinity, sometimes to the exclusion of power and wisdom, the other two attributes of the divine Trinity. They (and God Him/Herself) are happy for us to believe that God is love alone because this is the quality that human beings most need to embody in order to accelerate its collective evolution. Our hearts need to open fully in order to allow more divine Light to enter! It is therefore this perspective that serves our growth and expansion best. And our evolution at this critical time is urgent for our entire universe which, in our low-density state, we have been holding back as well. But, it is their priority and our choice, even if it is also our priority too on higher levels on which we are not, as yet, aware. We must think for ourselves, not blindly follow others as gurus, but use our own discretion and view things from our own perspective, mine being that both love and awareness are equally valid and important. I started this paragraph with the words ‘a theory’ because love is the key to Ascension. As long as there is sufficient love the path may, potentially, be made easier for us.

“...it is also important to be conscious of your own thoughts, judgements and actions. With the acceptance that everything and every aspect of the Creator are united in oneness and that you are also connected to a consciousness pool which is fuelling your spiritual awakening, any negative energy you create can have an impact upon all. Imagine you were judging someone, the vibration of the judgment you create would not only be sent to them but would impact upon all souls. This may be hard to understand but imagine that every time you have a negative thought, emotion or expression from your being for another person or yourself, your loved ones are being attacked by the energy you are experience. If this was to occur and you noticed the suffering of your loved ones you would most probably place great focus upon altering your thoughts and actions. I say to you that all of humanity are your loved ones and with the desire and focus for
greater energetic unity between souls there is also a need to take responsibility for the energy you are creating and putting into the world, as it impact not only you but all. This is why we ask you to focus upon love as often as you can. Energetic unity upon the Earth is and was needed in order to create the era of love of the Earth. Unity allowed for all energetic networks upon the Earth and within each being to be healed so that all could with divine timing open up to the divine flow of the Creator. With more and more energy networks on the Earth and within your being opening the vibration of love can flow with greater abundance, building momentum for creation and the experience of absolute love on the Earth.” – St. Germain (‘Revelations of Truth,’ channelled through Natalie Glasson, 30 June 2013, www.omna.org).

As St. Germain also said to those listening to a meditation which he offered in the run up to 12 December 2009: “...it is you who were sent here - to express that love, to share it.” The Golden Age is arriving NOW. It is time to wake up. It is time to go to work and contribute towards creating this new world which is destined regardless. ‘Be there or be square,’ as they say (actually, more like, ‘be there or remain stuck in the nightmare’)! Considering that the entire universe might be counting on the quantum leap due here on Earth, it is understandable that ‘God,’ who is apparently calling all back to the higher planes, wishes to give humanity more of a push to enable the populace to shift with the Earth to the next dimension. I take this to mean, in simplistic terms, that we must first become saints if we are to become Masters, surrender to our hearts, to love, in order to express the creative power of divine manifestation as the alchemists and co-creators that we are meant to be and experience the joy that goes with it. Earth is the Love School. To spell it out: it is here that we are learning to love. Negative emotions, arrogance, anger and the rest of it may all derive from selfishness, from fear of losing the sense of being a separate self that we have become attached to. We must graduate from ignorance to awareness, from fear to love, before being accepted into the galactic community. We must become civilised, firstly by knowing our true nature as spirit not matter, high vibration (which has the potential to raise the vibration of the physical vehicle) as opposed to identifying with matter and shutting out the remainder of ourselves! Jeshua explains this situation thus:

“I came to you as the model of a body apparently crucified but able to have a continuing life experience after death. This is what the resurrection proved. Life continues. Resurrection is a symbol of dying to the old and awakening to the new. It means this is true for your ideas and beliefs, not just your fleshly body. Therefore, my message was that you must constantly learn new things and gain deeper, broader understandings of what life in God’s universes is all about! You must learn where those on earth fit into the universal plan, for although life is the vitality of active energy expressing itself, different streams of consciousness have different paths to follow and earth’s is the lesson of love. My message said that whenever you refuse to expand and learn the greater love and
knowledge brought to you, these limitations become concrete barriers to the amount of clarity and light in your soul. Yes, I came to say that you are a chosen creation of God who was given free will to spiritually live or die – to believe or not to believe – and to encourage your positive choice. That was my message then and now. My heart is open to all those who have chosen faith in God, or will today make that commitment. You are the light of the world by your believe and action. You are as God created you yet you can disguise that truth if you wish and even deny it. Still, God’s energy lives within you. And by your positive thoughts, your surrender to the love within, you are healed. In your spiritual nature lies the opportunity for further advancement and growth and evolution back into the arms of God and all of creation. You are an ever-awakening being in this process.” – Jeshua/Christ (channelled through Virginia Essene, *New Teachings for an Awakening Humanity*, Spiritual Education Endeavours Publishing Company, Santa Clara, CA, US, p.48-49).

The Great White Brotherhood (ascended masters) have the frustrating task of observing and guiding humanity when we are blind to our own potential and true nature which they can see clearly. It is, in effect, an absurd little game in which we have gotten ourselves well and truly stuck, as if in a vibrational swamp. Since, as St. Germain says, “Balance is the golden key to Christhood” (*Studies on Alchemy*, p.305), it is imperative to work on the much-neglected love aspect of the trinity because love and wisdom go hand-in-hand as expressions of the divine feminine and they open us up to the greater power and glory that is the Creator. Power was the lesson we needed to learn during the past 13,000 or more years and we have tended to identify either with having it or having none in the third-dimensional world with which we are familiar. What we have learned, I expect, is that there is no real power apart from that of the divine which is also love. It is possible to go down the crude road of expressing power to the exclusion of the higher frequencies of consciousness but, on that path, one will not find the happiness or fulfilment for which one yearns.

Wheels will only turn consistently in the direction of one’s choosing if the hub is fixed in the centre. Attempting to alter this reality, to somehow shift the centre of consciousness to some other part of the wheel of life and consciousness, is to cut oneself off from the evolutionary journey that enables us to reach the heights of consciousness, to know ourselves as expressions of God. Weeds will never know the true beauty and perfume that dwells within each heart, or fathom the fruit of co-creatorship. They are fuelled by destructive energy, living at the expense of others, but they do not receive true nourishment. The vehicle is not moving because the wheel has been tampered with, corrupted, and no longer spins as it was originally designed to. It serves only the purpose of interfering further with natural law in order to give the impression that it is going somewhere, largely by taking what others have and pushing them down. This twisted view of life is ultimately a delusional means of hiding from the higher and better aspects
of oneself. One can only pretend to be a bat, hang upside down and live as a vampire for so long. One’s legs, brain and other body parts will start to ache eventually but that is nothing compared to the lack of peace and fulfilment, and innate joy and radiance, that results from an inactive heart. The will need to be some movement at some point, however long one holds out in that unnatural state of identification with darkness, which is but the absence of light created by mental distraction.

“But above in the shining splendour of the Sun, Vishnu – the immortal Son – stands the embodiment of Cosmic Christ Wisdom, whose essence is duration, the enduring quality, the very continuity of the consciousness of God. He is cohesiveness personified, bonding by Wisdom’s Love the cosmic forces conceived in the Universal Mind; his way is liberation by Self-knowledge in the Highest God Self.” - St. Germain (recorded by Mark L. Prophet and Elizabeth Clare Prophet, Saint Germain on Alchemy. Formulas for Self-transformation, Summit Publications, Inc., MT., U.S., 1985 and 1993, p.318).

St. Germain’s advice is that when we acknowledge that an action honours love, we should do more of it. He, too, suggests that we ask ourselves, ‘What would love do now?’ Be yourself and love yourself fully and then loving others comes naturally, like the flame of a candle that lights up the room, or the Sun which illumines the sky and shares its warmth with all. Love is the sweetness that connects us through feeling to pure consciousness and pure being beyond mind. Love is the pleasure, the joy, of existing, of being, of living. The truth of love is that truth is love, as Osho also shared with us. I believe that love is being and consciousness, masculine and feminine, combined, born of the Mother/Father God as natural expression. No one is forcing us to become the love that we are already in reality, in eternity, beyond this dream. No one is forcing us to wake up and remember, to arrive at love through wisdom and ascend on the wings of love to divine power as multidimensional beings, or ‘gods.’ We must surely know by now however that, “Love is automatic pleasure” as Ronnie James Dio sings in ‘Computer Gods’ (on Black Sabbath’s 1992 Dehumanizer album).

“For Christ, the Bodhisattva, Maitreya, Imam Madhi, The World Teacher… The Office is named in various languages and of course embraces the entire World, not only the Christian parts. For thousands of years. He has been sending disciples out into the World, founding teachings that suited the various peoples through the ages. When the founders had gone, priesthoods appeared and changed the teachings into religions which made (and still make) them very powerful. But the Christ is the Great Lord of Love and Wisdom, and daily He pours His blessings out over the World. He is Chief of the Masters, not of Shamballa. The Manu provides the forms, the bodies, and Christ seeks to energise the consciousness and Spirit aspect within the form.” - Peter & Birgitte Fich Christiansen (www.zakairan.com/ProductsDivineLightImages/DivineLightImages.htm).
“The Christ brings you back to the centre, back to facing your own heart, back to finding your centre of your own will, in finding the core of your being, then seeing forth into the transformation translation that brings you into the resurrection and taking spirit over mind and matter.” – The Teachers of Light (channelled through Rysa Perisanna, GoldRing Game of Enlightenment and Abundance, www.premieres.com).

Jeshua/Jesus explains through Virginia Essene that Christ Consciousness is ‘lovelight.’ (New Teachings for an Awakening Humanity. 1994/1995 Update by The Christ, S.E.E. Publishing Company, Santa Clara, California, US, 1994, p.105). It is “the Light of God...the remembrance of who you really are.” (ibid. p.130). He tells us: “You are already the Christ Consciousness, dear ones; you’ve simply forgotten. The Christ is the full circle of light which exists in the hearts of all who love our Parent.” (ibid. p.128). And: “You must be willing to learn and to follow God’s instructions. You must be able to model the highest form of love you can. Most of all, you must truly adore God, love yourself as the heavenly realms love you and then love all of life as yourself. Be love, model love. Become the Christ. ‘Christ’ means light. Be as strong and bright a light as you can if you would advance in this current opportunity to demonstrate what you came to learn. The opposite of light is darkness...or death.” - (ibid, p.106).

“[Love] is the bridge between you and the ultimate. Remember the three L's: life, love, light. Life is given to you; you are alive. Light is present, but you have to make a bridge between life and light. That bridge is love. With these three L's you can make a total way of life, a way of being, a new way of being.” – Osho.

“The new (angelic) human is attuned to the 528hz resonance of the sacred (high) heart which resonates in harmony with the crystalline (Christ) grid. The 528 Hz vibration of LOVE is the Source Code of creation...THE universal key required to unlock our co-creative potential, to free ourselves from bondage and enter the playground of new earth. This code acts as a vibrational buffer to ensure that the sacred powers of the universe are only bestowed upon those of pure heart.” - Lauren C. Gorgo (‘All Aboard? Last Call to LOVE!’ 20 December 2011, www.thinkwithyourheart.net/2011/12/20/all-aboard-last-call-to-love).

“All Patterns of Perfection are stored within the All-Knowing, Fathomless, Dazzling Mind of the ‘Beloved Mighty I AM Presence’ and can never be made manifest in the physical world of mankind until the outer activity of the mind, which is the intellectual consciousness, is illumined by the Ray of Golden Light within the Heart. Divine Love contains the Perfect Activity of every Attribute of the Godhead. When the individual enters the conscious path of Self-Mastery, he should fully understand and realise that from then on, he is obligated to accomplish everything he attempts by the Power of Divine Love from within his own ‘I AM Presence’! He must know unmistakably and

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remember at all times that Divine Love contains within It the Complete Wisdom and Almighty Power of the ‘Beloved Mighty I AM Presence.’ When an individual generates enough Divine Love and sends It forth into all outer activities, he may command what he will through the ‘Mighty I AM Presence,’ and his request is always fulfilled. He may go among the wild beasts of the jungle and no harm can come to him. Divine Love, when consciously generated within the individual, is an Invisible, Invincible, and Invulnerable Armour of Protection against all disturbing activity. There is only one thing that can bring about Perfection anywhere in the Universe, and that is enough Divine Love. Therefore, love your own ‘Mighty I AM Presence’ INTENSELY, and nothing else can enter your Being or world!” – St. Germain (from the I AM Discourses, quoted on www.deeptrancenow.com/exc_mightyiam.htm).

“The petals of the lotus blossom of compassion unfolds, revealing the golden light of the way of the heart. Drink in this beauty of divine love and know all is well.”


“Christ consciousness is love, Christ consciousness is the place in your body where there is no tension, where the love just flows like the Salzag flows thorough Salzburg it never stops flowing, love will never stop flowing in Christ consciousness.

Of course there are difficult situations, many learning situations. Christ consciousness is learning through love. Christ consciousness is using love as the answer to the problem. Christ consciousness means relationship. Christ consciousness is when the masculine and the feminine inside your own bodies merge and flow, ebb and flow freely with a true acceptance by both the masculine and by the feminine. Christ consciousness is the deepest love possible on this earth until now. But in order for one brick to go on top of another there has to be one beneath it. Christ consciousness is a foundation stone that is required to be in place before humanity can take its next steps evolving into a new state of being. Christ consciousness is about evolution of the human spirit. Christ consciousness is about love.”


According to White Eagle, Christ is “the human being who is made perfect – the perfect Son or Sun of God.” (The Light Bringer, The White Eagle Publishing Trust, Hants., U.K., 2001, p.131). It appears to be the original archetype of self-mastery which all are growing towards. Once attained, this level of consciousness then represents the commencement
of one’s life in the spiritual realms. In other words, we have not really been born spiritually until we have become Christed.

As the Aquarian Age is ushered in, says White Eagle, the “Christ power is baptising the Earth and wounds are being healed.” (ibid. p.47). When Jesus was crucified 2,000 years ago a vital spirit was released. Since this world baptism took place, he explains, this energy has been slowly permeating the atomic structure of the human body, flowing “from the vital body of the Christ.” (ibid. p.34). It has been spreading through upgrades to our DNA. Few Christians know that their churches were built by the Templars on sacred sites at ley line crossings at the behest of the Elohim. They had to been seen as being actively Christian to accomplish this mission and so as they protected and served the people on behalf of the Church. Eventually, of course, they came up against the power of the Church and were crushed in the most despicable ways. As a result of their courage people have been gathering once a week, placing themselves in locations where the work of upgrading human DNA could be carried out by invisible hands.

The Christ is returning to save humanity. This is an opportunity to know ourselves as God through ‘His only Son’ (more accurately, or directly, I believe, the child/expression of the Goddess). Those who “are not ready to respond to the spiritual force” (ibid. p.47) arriving now, will have to wait for the next opportunity (which could be in 26,000 years). As we become more tolerant and trust in God’s mercy, we will, each of us, become a pure channel for the light of Christ. (ibid. p.46-47). White Eagle explains that more channels are needed because we are approaching the time when the ‘light of love’ will “come again among people.” We must prepare ourselves by having pure physical bodies, pure astral or desire bodies and pure mental bodies. This divine love finds expression through us as we emulate the Christ (and therefore the Source) by being “gentle, loving and compassionate.” (ibid. p.156). Although we behave more like the co-creators, the gods and goddesses, that we are, it is also through humility that we become channels for this higher power which is the source of all that is good and heals us on all levels. We become more of the Light and love that we are by expanding our awareness through expression of it. To give is to receive.
Part II

Initiation

“Why become a Buddhist when you can become a Buddha?” - Lama Surya Das (my friend Ron Adams adds: why become a Christian when you can become a Christ?).

“I am a Christ which is a label signifying that I hold within my embodiment the consciousness of the Christ Consciousness.” - Lord Melchizedek (channelled through Natalie Glasson ‘Empowering Your Reality With Your Third Eye Chakra,’ 15 April 2013, www.omna.org).

According to Ra, once the Light Body (or Ka) level is attained we move on to the Christ level.

“At the beginning of 2013, when all of these preparations have been completed, the entire Pleiadian system, which includes your Sun as its eighth star, will become a system of higher learning and home to Cities of Light. Cities of Light are places where entire populations are spiritually aware of evolution and the sacredness of all things. All residents of Cities of Light recognise and live for the evolution and growth of themselves as individuals, of the rest of the group, and of all existence. In other words, their lives are dedicated to serving the Divine Plan, and they are, at the very least, at the level of Christ consciousness. Earth and your solar ring are the last in the Pleiadian system to make this shift. All of the rest of the seven Pleiadian solar rings, the Seven Sisters, are presently actualised as mystery schools and homes of Cities of Light; each of these seven solar rings will elevate to its next natural higher-evolutionary function when the new dance called the Age of Light begins in 2013.” - Ra (channelled through Amorah Quan Yin, The Pleiadian Workbook, Awakening your Divine Ka, Bear & Company, NM., U.S., 1995. Ra is a spokesperson for the Pleiadian Archangelic Tribes of the Light, Member of the Pleiadian Emissaries of Light, who are guardians of this solar ring and members of the Galactic Federation of Light of the Great Central Sun).

Christing is initiation to a level of divine consciousness that takes place once the Light body has been (re)built. This body of Light becomes a conscious individuality as we ‘integrate and create’ it and move into it as our vehicle for traversing the Heavens, for ‘going where we need to be and doing what we need to do.’ Once we reach a level of
purity of heart we are sainted and with this level of divine love and power/energy it is then that we can go further towards mastery.

After developing the Light body one is ready to be Christed. Ascension, the sacred attainment of Christ Consciousness, equates to resurrection: identification with the Light body as opposed to the physical vehicle which accelerates the vibration of the body. As I understand it, the Christ consciousness Jeshua/Sananda birthed in himself through initiation in Egypt as an initiate of Horus, through experiences in India and through the indispensable cosmic energies supplied by his partner Mary Magdalene, herself a priestess of Isis, is the same essentially feminine energy of Krishna consciousness (hence the similar name) and Buddhic consciousness. It is only the language and alchemical methods for attainment that differ. Such methods were previously very difficult to accomplish but are now redundant except for the provision of historic foundation to one’s personal practice (according to Sathya Sai Baba: see www.ascendedmasters.org/index.php?option=com_content&view=article&id=79:may-17-2008-sai-baba-on-the-ascension-process-at-this-time&catid=51:sai-baba&Itemid=29). The higher energies are present everywhere now for those with the dedication to make wise use of them. The individual becomes ‘Christed,’ or attains self-realisation, paradoxically, by transcending the personality and identifying with this collective field of divine energy. I have also seen the words ‘Christ mind’ written to suggest one’s higher mind, that of one’s ‘Overself,’ ‘Higher Self’ or ‘Christ Self.’ Even so, it is a level of initiation.

“The label ‘Christ’ is not selective of ‘one.’ It is a title of perfection and descriptive of goodness and growth. In Egypt that name was a ‘version’ of ‘Sananda’ (one with God, Aton, of Light).” - Aton (Christ Michael) (‘Aton Himself Speaks As The Hours Grow Short,’ 30 May 2009, channelled article reprinted from the 14 November 1995 issue of Contact, www.abundanthope.net/pages/article_3102.shtml).

More and more Christed beings from all around the universe are drawn to assist in humanity’s awakening in loving service as they observe the Christ being born in people. It is an opportunity to share their (impossibly uncontainable and overabundant supply of) love and Light and bring this collective universe to fruition.

“This means everyone will learn about the millions of Galactics here now, who are working through the Office of the Christ, to bring harmony to Earth.” - Mother Sekhmet (channelled through Beth Trutwin, 24 November 2009, www.galacticroundtable.com).

“The supreme purpose of God for every little stream upon earth is the selfsame victory which beloved Jesus manifested from the hill of Bethany. The accent of Christendom upon the agony of Gethsemane, the crucifixion and the vigil in the tomb of Joseph of Arimathea has often eclipsed the great significance for every man, woman and child of

I have explained that restoring our awareness of the Christ level of ourselves as God/Goddess is an initiation. Christhood is ordained by God, says St. Germain, “not for one son alone but for all heirs of His Light.” (p.338). The Christ flame has the power to make us “more the Son of God.” (p.338). “We can assure you, brethren,” says White Eagle, “that this spirit of Christ is coming into the hearts of millions.” (Channelled through Grace Cooke, ‘The Light Bringer. The Ray of John and the Age of Intuition,’ The White Eagle Publishing Trust, Hants., U.K., 2001, p.79).

Christ is the Grand Master and the “Lord of this Earth planet,” says White Eagle (ibid. p.36). Christ is the Son-Daughter of God, a part of God, “the love aspect of the deity.” (ibid. p.155). The Christ child is born from the two great Principles of Life, Mother and Father. The great ones, he says, work under the “guidance and stimulation of the Lord of the Sun, whom in your western world you worship as the Christ spirit. These great ones of the Christ Circle who descend to Earth, stimulate in people and in the Earth itself this divine light.” (ibid. p.151).

The supreme solar body eventually leads us to eternal life adds White Eagle, and this was once taught in the Mystery schools. When we are ready, once we have blended the soul and spirit, we can take the Christ initiation. This involves “crucifying the lower self, crucifying matter, dispensing with the lower form of matter.” (ibid. p.2). We must raise the solar fire, or serpent power, in the centre of the kundalini, to the head and heart so that we are no longer of the earth but beings of divine light in the form of Christ. (ibid. p.75). By so doing, “living the life of a saint but also by doing the works of the Father-Mother in heaven” (ibid. p.79), we also naturally stimulate the Christ spirit in our brothers and sisters. Of their own volition, people will naturally abandon any destructive urges towards others.

“Now must come forth into physical manifestation that flower of perfect being, the son-daughter of God, the Christ man-woman: not only through the one Jesus but through all – through all who can respond sufficiently. This is the second coming of Christ. As you become illumined with the Christ within, your vision will be opened, and you will see the one who is the Master, the Perfect One. Yes, you will see him-her in the perfect glory of the human form. As Jesus healed with his touch or by his thought to the suffering at a distance, so too may you heal at a touch and by thought. ‘He that believeth on me, the works that I do shall he do also, and greater than these shall he do.’” (ibid. p.85-86).
“When you have the courage to change your beliefs and behaviors so that you speak your truth and dare to cultivate pleasure instead of stress, you have the power to create a life of unbridled joy, unlimited abundance, and vibrant health!”

~ Dr. Christiane Northrup
The Second Coming

“Please do not underestimate the meaning of your lives on earth. You belong to the most creative, advanced and courageous part of God (All-That-Is). You are explorers of the unknown and creators of the new. Your explorations through the realm of duality have served a purpose far beyond your imagination. It is hard to explain to you the deepest meaning of your travels, but we can say that you have created a new type of consciousness, one that did not exist previously. This consciousness was first displayed by Christ when he walked the earth. This consciousness, which I call the Christ consciousness, results from a spiritual alchemy. Physical alchemy is the art of transforming lead into gold. Spiritual alchemy is the art of transforming dark energy into ‘the third energy,’ the spiritual gold present in the Christ energy.” - Jeshua (channelled through Pamela Kribbe. Excerpt from ‘The purpose of going through duality,’ www.jeshua.net/newage/newage4.htm).

“I am Jeshua. I have been the representative of a new energy on earth, which is the Christ energy. It is a kind of energy or consciousness that acknowledges the oneness for everything and everyone. It is the energy of connection, which brings oneness back to earth. My goal was and is to recover the sense of belonging among all creatures that live on earth, the key to which is the heart. The heart connects. The heart is a place where you can come Home. Feeling at home has to do with being connected, connected to your deepest self. Your deepest self is always connected to the whole.” - Jesus/Jeshua (channelled through Pamela Kribbe, ‘The Highest You Can Give,’ 28 December 2010, www.jeshua.net).


“I for one do not feel competent to predict what the Christ will do next. He is quite spontaneous. It has been written that he will return from the sky in the last days. I would not put it past him to do so. The Second Coming as referring to the Second Coming of the Christ... in effect, it is the second coming, for you will be merged with your Christ bodies and there will be, in effect, thousands of Christs walking the face of the Earth. But the coming of that particular being that you refer to as the Christ will most likely only be manifested in the last days. Maybe not. It is up to Him. I can speak somewhat for those in my command as to what they will do, but for those who I am serving I would not begin to be so bold.” – Ashtar (channelled through Eric Klein, The Crystal Stair, Medicine Bear Publishing, ME., U.S., 1990, p.57-58).

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“The enlightened Christian now knows that the Book of Revelation is depicting a symbolic Second Coming of the Christ Consciousness. The First Coming was reported in the Bible. The Second Coming is a personal revelation of the Christ Consciousness within. Even traditional Christians, we would suggest, are beginning to understand the private nature of a new and renewed relationship with their Prince of Peace and Son of God. Fundamentalist Christians still hold out for a specific date. The New Age, similarly, is a personal experience. Do not wait for a specific astrological day and date. Do not wait for others to tell you when to begin.” – Lazaris (channelled through Jach Pursel, The Sacred Journey. You and your Higher Self, NPN Publishing Inc., Florida, US, 1987, p.57-58, www.lazaris.com).

"The 'Second Coming' is not a mystery. It is the re-instatement of your GODHOOD upon Its Throne of Authority, accepting the reins of your thought and feeling and again moving as the majestic, embodied God, which you really are - that 'I AM' - and THAT you shall become!” – Lord Maitreya (channelled through Geraldine Innocente, 27 September 1954, www.ascension-research.org/maitreya.html). The RA material, however, offers an alternative view, implying that the return of the Ascended Ones on the inner planes is the meaning of the Second Coming. 144,000 of them are bringing Light, love, abundance and guidance from the inner Earth where they are stationed in the planetary grid and also form one combined energy source. The RA material states that they are welcoming us from the fourth dimension which suggests that, although they have ascended to the fifth dimension, they have returned to the fourth in order to guide us through this ascension process. I imagine, also, that they are keen to help as many people as possible to ascend to the fifth dimension which will be an ongoing process for many years (if not centuries) to come.

“...the ‘real’ Second Coming occurs when the planet goes into Light and Life. When it becomes a Christed Planet.” - Christ Michael (9 October 2006, www.abundanthope.net/mb1a/forum/showthread.php?t=1927).

“All is focussed again on the life of Jesus instead of your own. This is your time, not mine. My teachings more than 2000 years ago were meant to be a beginning, not an end. My life at that time was so much different then what is implied in your bible. But still many believe in this so called ‘Book of Truth.’ I was not the chosen one. I was the one who chose that life. I accepted the challenge. And now I ask you to accept the challenge. When I was on the earth, I was not alone and many accepted that challenge. And now finally, more than 2000 years later, we have reached a point in time where everyone can take the challenge. Forget all that has been written before and write your own ‘Book of Truth.’ Everything I knew and more is becoming available for you now. All my teachings and the teachings of others before and after me will become clear. You are me and I am you. We are all one. Together we will ASCEND. I am Sananda. And I have

Mark Amaru Pinkham: So, just as prophesied, the King of the World will ride out of Shamballa on his white stallion and rule the Earth?
The Goddess: No. The transforming power of the King of the World, the Kundalini, will energy from Shamballa, not a person. His power will destroy all the negative elements upon the Earth controlled by Sanat-Lucifer, and then Sanat-Snanda will take his rightful place as King of the World in the New Age, the Fifth World.

Mark Amaru Pinkham: The prophecy of the Second Coming and Thousand Year Reign of Christ obviously refers to the same event...
The Goddess: Yes. Christ will return as Sanat-Snanda.

Mark Amaru Pinkham: Will Sanat-Snanda be in a physical body when he arrives?
The Goddess: Sanat-Snanda is a consciousness, not a person, as is Sanat-Lucifer. Sanat-Snanda is the consciousness of love and allowance. There will be those who represent him as the head of the coming world government, but his primary seat and throne will be within everyone’s heart.

Mark Amaru Pinkham: What about Sanat-Lucifer? I thought you said the Twins would unite in the Fifth World. Doesn’t that mean they will rule the world together?
The Goddess: The Twins will reunite in the Fifth World as higher and lower will. Sanat-Lucifer, the ego or lower will and individuality, will unite with Sanat-Snanda, the Higher Will. They will work together, but Sanat-Snanda will be the ultimate ruler.

Mark Amaru Pinkham: Love and allowance will reign over dominance and control? That is certainly encouraging.
The Goddess: Yes. The Earth’s future is represented in the Book of Revelation wherein the Dragon, Lucifer, is tossed into the bottomless pit. For a while Sananda will keep Lucifer under lock and key.

Mark Amaru Pinkham: But this is supposed to happen after Armageddon is finished, isn’t it? What is currently left of the battle between the Twins?
The Goddess: The conflict between Sanant-Snanda rules America and the Sanat-Lucifer ruled Islamic and Communist countries must come to a resolution. This will be the last battle of the Twins.


White Eagle says that, while there had been other initiates of the Christ prior to Jesus, his own demonstration was a “full manifestation of the Christ life.” (The Light Bringer, The White Eagle Publishing Trust, Hants., U.K., 2001, p.114). His solar body “had been brought
to perfection,” says White Eagle. “The Christ Light manifested through him and spoke with clear and definite authority, saying, ‘I am the way, the truth and the life.’ That was this solar force, this divine life which was speaking.” (ibid. p.114). If we believe in the Christ we will be saved, returned from darkness to Light. Such sayings of Jesus relate to the Christ within us all. “I am the resurrection and the life.” The purpose of this incarnation of the Christ two thousand years ago was to “rend the veil and to open the way to all to tread the path of initiation.” (ibid. p.37). We have since been entrained in such a way that we are now ready to begin our ascent to solar Christ consciousness and thus contribute to the creation of the new Golden Age.

White Eagle states that many of us are preparing our souls for the second coming of Christ whether we know it or not. Evidence of this is shown in the way that many of us now instinctively eat pure food in order “to claim the perfect health and harmony which is your birthright.” (ibid. p.36-37). Besides “purification of the physical vehicle” we are learning the way of life for the new Golden Age through “purity of thought and aspiration.” In other words, we are responding to Christ above and within us and being raised to meet Him-Her on a higher plane of consciousness. For, Christ is to manifest to us in a ‘vehicle like our own,’ except of a “very pure and fine vibration.” (ibid. p.37). By this time, he says, “there will already be established on Earth a universal brotherhood of the spirit.” Many masters will be living here on Earth to direct the affairs of the world and those who have attained a degree of mastery themselves will recognise these initiates, “illumined souls who belong to the ancient and secret brotherhood...” (ibid. p.37).
DNA and Ascension

According to George Kavassilas, the Christ energy needs to be injected into our DNA helix.

“So what about this ‘ascension’? The veil is being lifted. The grid has settled. Physics has changed, and this planet has postured itself in a state that will allow for the kind of ascension that Elijah experienced, only without the results that Elijah had in his older reality. Let me make this as clear as I can. The very same procedure that took place with Elijah is now available to every single Human on the planet. The difference is that Humans won't disintegrate anymore. You know what happens to them? Instead, it's a profound shift in consciousness. It's the beginning of a multi-stepped procedure...Let me tell you about this process through the eyes of those Humans who have done it...How is it done? What is the one step that is infinite? It's done with pure intent...a one-on-one meeting with the infinite parts of you - the same meeting that Elijah had when he walked into the field. Simple? No... How many times do you have to be told through the ages that you have this power? When Humans, whom you called masters and prophets, walked the earth doing miracles, they looked at you and said, ‘It's available, and you can do it, too.’ You can heal the sick, transmute physics, walk on water, even change biology. They were here as examples of what you could do, yet in an older energy, what did humanity do with this great knowledge? The earth fell down and worshipped them! The messages didn't get through. Even some of your ancient translations of scripture are biased in what was said and meant. This was because there wasn't a consciousness within the translator that allowed for the thought that the masters actually meant that regular Humans could ever have this power.” – Kryon (channelled through Lee Carroll, ‘Through the Eyes of Ascension - Part I,’ Grand Rapids, Michigan, 23 February 2003, www.kryon.com/k_channelgrandR03.html).

Lady Agape and Lady Rize say that full biological Ascension has not occurred since a being known as Buddha accomplished this 8,500 years ago. Lady Agape, according to one channelled message, “has recently been anchored on Earth and is overseeing the evolution all of species on Earth at this time, including the plant, animal and mineral kingdoms along with conscious species such as humanity and the dolphin and whale kingdoms. Lady Rize is an 800th-dimensional being who oversees the evolution of all aspects of creation.” (‘Thoughts about ascension and ascended masters,’ channelled through Karen Danrich and Mila Sinoski, www.2012unlimited.net/ascension.html). Biological Ascension means taking the form of our physical bodies with us into Light as opposed to leaving the body and becoming pure Light whilst still being able to project ourselves as form. Ascension is actually Descension, incarnating fully as spirit in matter
and transforming the physical body into a lighter, more subtle form through which our Light body can express unlimited potential. In other words, I believe, we will have a fully activated Light body with a (thirty-something) form. Lady Agape and Lady Rize explain further:

“In an incomplete ascension, not all of the karma can be processed. Why is this so? Karma is biological and held within the genetic fabric of the form. If the form is not ascended, the biological karma goes unreleased. If karma goes unreleased, the soul may have skipped certain lessons necessary to evolve or understand love. If lessons go unlearned and steps are skipped, it leads to a greater and greater level of distortion in evolution over time...In biological ascension, every molecule must vibrate. As the molecular vibration increases due to the firing of the kundalini energy system, the form can move from the third to the fourth and then to the fifth dimension. Then, if the molecules slow in vibration, the form can return from the fifth to the third dimension. This requires that all molecules vibrate, which requires all decay to be reversed, and all molecules that have ceased to vibrate to be resurrected. The current human dilemma with ascension is that such a large portion of the molecular structure has ceased to vibrate...It appears to require embodying a minimum of 15,000 strands of DNA to reverse all decay within a human form. Then ascension towards another dimension can begin.” (ibid).

We appear to be going backwards with our Government having invited so many people who join in the pattern of conformity and individualism into this materially rather than socially-oriented country. We are held back while they catch up. People of my generation have been brought up to think that things they want to achieve are possible be it on an individual or collective level. This more aspirational drive encourages advanced souls to express their potential more fully and deeply than the masses. It has now been buried under a dense layer of soil. There are perhaps a larger number of older souls (as well as those from other dimensions) who are waiting like seeds for a trigger to awaken and thrive as individuals. The educational system is worse and the mainstream media now serves mainly as an additional brain-washing and zombifying scam. Yet, all this dumbing down could have a more positive effect than we realise. There must be many young people who simply cannot take the System seriously let alone identify with it. Now, with the economic crisis, even many older generations are losing faith in the System and getting wise to the fact that they need to rely more on their own ingenuity and will, to dig down inside themselves for extra resources rather than simply relying on the treadmill to carry them along.

The leadership of a few special individuals in strategic positions combined with the higher frequencies of energy arriving on the planet and timed DNA release might suddenly stimulate the seeds and bring them out of their dormant state. In other words,
this is the darkness before the dawn when things appear to be at their worst when in fact the abyss serves as a springboard for motivation. The contrast between dark and light is compelling. Once the power of the inner Sun, the God within, is felt along with all its promise for joy and fulfilment, the illusionist’s spell is finally broken and people start taking their power back, centring themselves in their own individual truth and purpose. The more people do this the easier it will become to apply conscious intent to the world and achieve positive outcomes which the higher vibrations are beginning to support now. Thus, a new consciousness, a new socio-economic-political structure gradually replaces the old one. There is always hope. The Creator’s Divine Plan is always at the heart of experience and we deepen our own individuality the more that we align ourselves with and surrender to the Creative Will. For, our higher purpose is an expression of the Source. It is through this that we express our true potential and become the co-creators we are destined to be. Having pushed its roots deep down into the dense, dark earth - the unconscious - the tree grows to ever greater heights of conscious Being. Wisdom and strength replace ignorance and weakness. Knowing what it is not, it strives unceasingly towards the perfection of Being that the Sun represents. We won’t be fooled again. We are participating in “the creation of Heaven upon Earth, the birthing of the Christ within each cell, molecule, atom and strand of thine own form and the form of all who live and share within creations dance of love with thee…” - Shekinah-Melchizedek (www.shekinah-melchizedek.co.uk/wp/shalimar-mystery-school. Also see the Introduction on www.shekinah-melchizedek.co.uk/wp where it is explained that we have come to the Earth as Creator Beings in order to birth the Christ within, and invites us to “invoke now a powerful down-pouring and movement of the flame of the living Christ through each of your bodies” and “to receive of the essence of the these 7 rays of liquid love essence and twelve pillars of Golden Christed Flame through your heart” and concludes: “Blessed ones this is the Golden Age upon the Earth, the time of mass awakening, it is a time of the rising up of the spirit of Christ within the heart of humanity”).

“IT is within each person’s grasp to understand the purpose of life, and it does not require that you specifically join any one group for that realisation. You have all knowledge within albeit it may be dormant, but when you sincerely and honestly seek the truth that is where it will be found. You can be led by others if that is your desire, but far better to follow your own intuition which will know exactly what you need. As you are all at different stages of evolution, clearly you cannot necessarily walk straight into another’s beliefs and find it suits you and fulfils your needs. You have never had so much guidance as you are now getting, and the importance of these final years has brought many higher souls to Earth. Some are already able to help you, because they have brought great knowledge and understanding with them. They are your Star, Crystal and Indigo children, old and wise souls who are waiting to guide you the last few steps to Ascension. Beyond them are even higher Beings of

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Light, that beam rays to Earth that are raising the vibrations so that your consciousness is able to gently expand. Great Beings are converging upon Earth from all over your Universe, to witness your return to the Light in a most exceptional and spectacular manner. Heaven patiently awaits for your arrival, so that you can proudly join the Star Nations of ascended civilisations.

I am St. Germain, and see your Light permeating around the Earth, holding it in a grid that will soon draw it into its new dimension restored to its original pristine condition, in the Golden Light of perfection. Welcome home Dear Ones to your rightful abode.” - St. Germain channelled by Mike Quinsey (7 March 2008, www.lightworkers.org/node/21139).

Jeshua mentions our “future Christed selves” [See ‘The Purpose of Going Through Duality,’ www.treasurechestarrr.blogspot.co.uk/2012/01/purpose-of-going-through-duality.html] and this is evidently where each of us is heading eventually. Since there is no time, we have already attained Perfection but are required to journey through the process anyway. It is all an illusion, a projection or dream of the higher self, to ground that full realisation of Divine Being in experience. The Self shares in the experience along with us, the fragmented parts that have ‘incarnated’ in various dimensional locations. Then again, while all may exist on a Christ level, relatively few people on Earth today may have consciously realised themselves on all dimensions as Christed beings. It is primarily those entities who are here to lead the way for collective Ascension. As Lauren C. Gorgo explains: “...essentially we are each becoming a nexus point on earth where spirit meets matter, the living examples of vibrational mastery, and that which is now possible for all others to achieve.” - (26 May 2009, ‘Prepare for Landing,’ www.consciousco-creationalcoaching.blogspot.com/2009/05/prepare-for-landing.html).

"...a being with a sustained 12-strand DNA activation and its corresponding 12 dimensions of conscious awareness is known as a Christed being. Once a sufficient amount of the divine blueprint has been activated, the human body can serve as a bio-electrical conduit of interdimensional frequency, through which energy can flow from the timeless/formless substance through the human body and into Earth’s planetary grids. The frequency field of dimension 12 represents the pre-matter state of density that eternally holds the original blueprint for any manifest form. The activation of this field severs all lower reality constructs and places the christed being in a protective layer of interfacing vortices that spin counter to each other to fortify the souls ability to create in a space of detachment from lower forms of density...” – Pleiadians (channelled by Lauren C Gorgo, ‘12:12 The Parting of Worlds,’ 24 November 2009, www.consciousco-creationalcoaching.blogspot.com/2009/11/1212-parting-of-worlds.html).
According to a gentleman named Robert Knapp, the twelve apostles of Christ Jesus symbolise the twelve divine powers of the I Am Self. These are faith, strength, love, wisdom, will, power, imagination, understanding, order, zeal, regeneration and elimination. He says, as these powers are expressed, part of the body with which it is associated is healed. We may thus ascend into the Light body, “the immortal, resurrected body inherent to each child of God.” (www.12powers.org).

“All living beings have a lattice energy, similar to the magnetic grids of Earth, which vibrationally corresponds to grids on Earth. Today, most people kept their vibrating energy template on a par with the grid of the collective human mind, the old grid, the grid of the old energy, which is slowly losing strength and crumbling down as a result of activation of the Cosmic Christ grid. That is why people now behave chaotically and irrationally. That is why the violence and fear are prevailing on society. Because of the crumbling of the collective mind grid to which the majority remain anchored, people feel scared and do not know where that fear comes or what causes it. However, this fear is caused by consciousness of the separation in which they live immersed. They sense that something is changing. However, they are unable to comprehend the magnitude and origin of that change and their reaction due to the fear of ‘losing’ something is violence and aggressive defence. Beloved Ones, this not need be. We can choose to vibrate in love and gently move our consciousness to the new Cosmic grid, if we choose so, leaving aside the change through violence, fear and chaos. We can all choose how we will live this transformation, it is in our hands to choose how we will ascend.” - Excerpt from a channelled transmission received by Kai (‘8 8 Christ Seed Integration,’ www.lightworkers.org/channeling/84567/diamond-light-seeds-88).

“All men are your brothers and all women are your sisters and that goes for the little ones as well. Be especially welcome to them because the Golden Age is within them. They are connected heart-to-heart and they have marvellous wisdoms and joys to share so be joyful with them and allow them a place in your hearts, and let them know.” – ‘St. Germain on the Election’ (YouTube video posted by mambrophone on 8 November 2008).

“And do not look up to me as a master anymore. I have fulfilled that role, two thousand years ago, but that time is over. You are the Christs of this new era, you will bring peace in a world of duality and polarity, by radiating the peace that lies within your own hearts. Feel how you are ready for this role and let me simply offer you some support and encouragement as your friend and brother. We are one.” – Jeshua (channelled by Pamela Kribbe, 2006, www.jeshua.net/newage/newage4.htm. For further insights into the meaning of Christ Consciousness see ‘The Purpose of Going Through Duality’ which you can find in the Treasure Chest here: www.treasurechestarrr.blogspot.co.uk/2012/01/purpose-of-going-through-duality.html.
And, for an insightful message from Jeshua, check out ‘The Christ Light Speaks’ here: www.treasurechestarrr.blogspot.co.uk/2013/08/the-christ-light-speaks.html.

“Civilisation can only revive when there shall come into being in a number of individuals a new tone of mind independent of the one prevalent among the crowd and in opposition to it, a tone of mind which will gradually win influence over the collective one, and in the end determine its character. It is only an ethical movement which can rescue us from the slough of barbarism, and the ethical comes into existence only in individuals.” - Albert Schweitzer.

It might interest the reader to know that Jeshua says that he will be reincarnating in December 2012 in order to awaken the gifts that he demonstrated 2,000 years ago in those in his bloodline who share his DNA. I have been unable to find the page in New Teachings for an Awakening Humanity where this is stated but, through Carolyn Evers, Jeshua explains that he “carried a specific and special DNA” throughout his physical body, as did his parents, and that this has spread amongst most of the people on Earth via his and Mary Magdalene’s three children. He adds that he will be incarnating at the time when ‘incredibly advanced’ energies arrive (“wisdom and advanced understanding that was never experienced here”) in order to trigger this DNA and, consequently, all the gifts and abilities that he and his parents and spouse carried. (Channelled through Carolyn Evers, www.trans4mind.com/Yeshua and www.carolynevers.com). Speaking through Richard Presser, he also assures us that there will be a powerful three-day event starting on the Winter Solstice in 2012. As I understand it, this event will mark an “extraordinary gateway” (as Jeshua puts it) through which more power than ever will pour from the Galactic Sun (14 January 2010, www.the2012countdown.com). Metatron also mentions this event as being a trigger for planetary Ascension and provides a date for Jeshua’s rebirth:

“The stepping up of what you call Ascension as we said is very connected to the Mayan Calendar which mentions a time when the planet is in direct alignment with Cosmic Centre. This has been given the name of a timeframe which occurs in the year 2012. As you are well aware, the planet will not self-destruct at that moment, but it will remain forever changed as at that point of time in December of that year and the 28th day to be precise, a mother will bring forth a child and that child will be a representative from that soul that you understand to be Jesus, or Jeshua. He comes at that moment to enliven the DNA of all of those souls who carry the DNA from that cosmic couple that you know of as the Cup of the Grail, Jesus and Mary Magdalene. The triggering of this DNA will spark the means for souls to finally ascend along with the planet which is very intimately connected to humanity.” - Lord Metatron (channelled through Carolyn Evers, www.metatronminutes.com).
I found some further information relating to this special DNA of the bloodline to which Jeshua ben Joseph belonged:

“The DNA of the members of the House of David are linked to the Ancient Temple Regions that they occupied during the existence of the Ethereal Temples of the House of David. The Primal Group is the 144,000 Christed beings that have accepted the mission to activate Eden and awaken six billion Christ beings. Please do not get stuck in the limiting aspect of the number 144,000, this is an alchemical equation that identifies the Primal Group. This Primal Group contain vital DNA pulsar codes that are linked to the origins of the Temples of The House of David.” - Laiolin (channelled through Judith Moore, Excerpts from ‘A Message from Laiolin and the History of the House of David,’ from Crop Circles Revealed, Language of Light Symbols, Published by Light Technology Publishing, 2001, www.recordsofcreation.com/index.pl?iid=2702).

Laiolin also says that all major persecution campaigns around the globe in the past were acts of genocide to remove members of this primal group of Christed beings. Elsewhere he discusses this subject in more depth:

“The collective soul group, called the House of David. The House of David is not a religious reference. The House of David is a soul group that carries the DNA code of the 144,000 for the awakening of the Buddha/Christ spirit within humanity. Once a critical mass of individuals awaken the energy emanated from their DNA activate all planetary DNA, bringing a permanent state of metamorphisis. The very nature of existence on our planet changes. WE have reached the critical mass of human consciousness in a state of awareness. This has expanded their capacity to experience themselves as multidimensional beings of Divine will and faith; this has literally broken the stronghold of the Dark Lord, the god of fear. He knew there was not enough power to control humanity because ultimately, in its fall from grace, its agreement was to resist change and the light that illuminates Oneness. The human heart was thereby strengthened with the conviction, of souls having reincarnated lifetime after lifetime, of the need to illuminate Oneness. And each time communities of faith were destroyed by the Lord of Darkness they returned stronger and more peaceful, more able to hold an energy space of Divine Peace in the midst of improbability. The Lord of Darkness’s only capacity is to create fear and domination in that power structure... These new humans experience life in a different way; their soul cannot enter the old world except in a state of humble service. 144,000 have reached a state of grace and are rapidly evolving into a dynamic relationship with the God Source as co-creators of the New World of Peace. This is in the awareness that there is no control; there is simply a willingness to participate in the Divine gift of creation and be an instrument of the harmonic overtones of creation. It is in that willingness, that the soul of these 144,000 has collectively transcended those old infrastructures; a collective soul experience illuminated by the hellion light and

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empowered from the Source of Creation, by the Ray of Sananda. This alters the very nature of existence, the physical existence on Earth and that of the universe. This collective soul, having entered into a state of Divine Grace, is sustainable and is the holographic template for the transformation of consciousness of all soul essence.” – A transmission channelled through Judith Moore (‘Awakening the House of David,’ www.recordsofcreation.com/index.pl?iid=2702).

Q: What significance does Earth have for a shift and what makes this Shift different from other shifts? Also, will everyone sleep through the three days of darkness you spoke about previously?

Kirael: For the shifting process, Earth’s significance lies in the fact that it is one of the evolutionary planets that energies visit to age their souls. The yin/yang experience is designed to age your soul. On an evolutionary planet like this one, you are veiled, so that you do not remember your true self. You must work to get beyond your veils in order to remember your true self. You also get to experience shifts in consciousness, where you enter into a new light, a new dimension. You have chosen this particular period to incarnate on Earth, because it’s the first time that any shift has occurred while people are still aboard the planet. You will be able to watch the Shift unfold this time, and you will play an active role in the process. About a third of you will be here for this Great Shift in Consciousness.

As to your question about the three days of darkness, that will happen when the Earth enters the photon belt and the light is so compacted that your environment will appear to be dark. Most of you will sleep through that experience. Yet some of you will be awake for it, because you will have to guard the portals and star gates during that time. Some people will go through the portals to the fourth light, while others will not want to remain on the Earth plane. Those people will either go home to the Creator, or if they want to experience another planet, they will have to find star gates to get them there.

The Antahkarana

The ‘Antahkarana’ can be described as the flow of energy that builds up through the process of self-realisation as we purify our astral body and connect with our higher self. We reestablish this link to the realms of Light (which was severed by bunch of evil scientists towards the end of Atlantis) through creativity and aspiring towards our higher nature. We ‘create’ it through our awareness in other words. Imagine a skylight covered by a blind in a room which you have been locked in all your life. If you had been conditioned to live in darkness and did not know that the blind can be raised to reveal the sky and sunlight beyond you would have learned to accept whatever source of light was made available to you, such as a candle or lamp. Likewise, we are trapped in our physical bodies and do not realise that every attempt has been made to keep us in the dark, in unconsciousness, density, slow vibration and sluggish movement inside the confines of a single room, a box. We do not know there is a world outside illumined by the Sun, the Creator. The first step is to understand that the blind is not a fixed panel on the ceiling. The next step is to figure out how to open it, to free one’s mind and look out through the window of pure awareness. The window might need cleaning. It might be a cloudy day. So there are further steps to be taken, and a period of waiting for the clouds to clear, to appreciate what we have been missing. We can also open the window and let some fresh air in for the first time in our lives, breathe fully and deeply. Once we know there is a world of Light beyond our cell, we may also figure out how to bust the lock, climb down the stairs and find our way to multidimensional freedom. Then, instead of being surrounded by darkness all the time, we will be surrounded by Light. The point I was trying to make, however, was that we ourselves ARE Light and it is this truth that has been kept from us. Once we open the blind and extend our awareness to the fifth dimension and beyond, our self-awareness as Light expands. We become more aware of ourselves as Light and our frequency increases, our magnitude grows, even as we continue to inhabit a physical vehicle. Our Light shines through it, strengthening it, making it immortal, merging the two.

“A bricklayer, a carpenter and an electrician argued about who was on earth first. ‘We built the Pyramids of Giza,’ said the bricklayer, ‘so we must have been here first.’ ‘No,’ said the carpenter. ‘We built Noah’s Ark long before that.’ Hearing this, the electrician chuckled to himself. ‘What’s so funny?’ asked the carpenter. “On the first day of creation God said, ‘Let there be light,’ explained the electrician. ‘And we’d already laid the cables.”’ (Laughter is the Best Medicine, The Reader’s Digest Association Limited, London, 2005, p.301).
The Antahkarana is also known as the Rainbow Bridge and Bridge of Light. Since Lord Kuthumi associates the Antahkarana with the Christ, no doubt one might also refer to it as the Golden Bridge. “The ‘Antahkarana’ is, above all, the thread of consciousness,” says Kuthumi. “It is the result of the interaction of the life with the form, with substance, with matter; that produces something entirely different. We call it ‘consciousness.’ We can also call it ‘the Christ Principle.’” (Channelled through Ronna Prince, 30 October 2008, www.azlivinglight.com). It is the process of evolution itself... The Antahkarana is not simply a column of light but threads of awareness spreading outwards from the individual into every sphere of his environment. These threads of awareness multiply endlessly, until in the Master, they make for omniscience: nothing can happen anywhere of which He is unaware... The Antahkarana is not only the bridge between the different fragments of ourselves, it is the bridge between the worlds: planetary, systemic, and galactic. The key to the formation of the Mayavirupa is found in the right comprehension of the creation of the Antahkarana. It is important to remember that as these bridges are built the vitalising process goes on. It is not simply a question of building a bridge; it is through that bridge that the stimulus from the higher levels takes place.” – (www.share-international.org/ARCHIVES/AgelessWisdom/aw_bcantahkarana.htm).

“As an en-Lighten-ed Being, you begin to build a bridge of consciousness back into the higher realms of this universe. It is called the Antakarana in ancient, esoteric teachings and the Rainbow Bridge currently. In order to return to mastery, you must learn to use the three aspects of your mental nature: the brain – mind – Soul. You must also clear the distortions of the subconscious mind and attune the conscious mind to your Soul-Self so that the wisdom of your Soul and Higher Self can begin to flow throughout your four lower-bodily systems. Remember, every atom and all your physical Being has consciousness; they must be en-Lighten-ed and attuned to the higher frequency patterns of ascension. You are made of Divine Essence. You are a Spark/Fragment of the Supreme Creator. You have latent powers that must be developed. There is a great need for humanity to refresh its Spiritual memory and to develop the powers of a Master of Light. The Antakarana is composed of sub-tributaries or streams of Light which will ultimately strengthen and magnify the connections between the many facets of Self and your God-Self / I AM Presence. These streams of Light have consciousness and they contain the intelligence of your multiple levels of Self which reside in the higher Realms. As we have told you, your subconscious mind is becoming conscious, and your conscious mind is opening up to the wisdom of your Superconscious mind which contains the mysteries of the universe.” - Archangel Michael (channelled through Ronna Herman, ‘Vitamin D - The God Vitamin,’ 15 June 2010, www.ronnastar.com).

“The Golden, or Aquarian, Age is a time when the things formerly invisible are made real to you; it is a time of joining heaven and earth together in open communication and cooperation. Therefore, it is a time when your usual, or limiting, habits must change,
because the structure of consciousness itself is changing and you with it. It is also an opportunity to recognise and become, in the fullest measure, the higher or soul self while living in matter and physical form. EACH PERSON MUST BUILD A BRIDGE OF ENERGY BETWEEN THE PERSONALITY AND THE SOUL-SELF TO ACHIEVE THIS! For this is the time for alignment of the lowest and the highest into one motive and one action. Love. It is nothing less than an integration in which the wisest of soul becomes the director and leads the way for the individual’s and group’s gain. You see, the soul is group-oriented because it is of God and is already in contact with unity, which earthlings forget in their separated bodies of flesh.” - Jeshua (‘The Christ,’ channelled through Virginia Essene, *New Teachings For An Awakening Humanity*, Spiritual Education Endeavours Publishing Company, Santa Clara, CA, US, 1986, updated 1994, p.73-74).
Beyond Masculine and Feminine

“Speaking is the Christ within, who is the keeper of the violet flames, who opens the heart to love, who brings devotion, trust, respect, and cherishes you with grace. In every step of your path, the Christ within is your deepest centre, is your heart, your divine heart, and brings you into alignment with the higher light. And, so, as you reach within, deeply, you will find this energy waiting in silence, in peace, in rest and pleasure. For, it is the energy of the divine feminine flame that holds you in the caress of spiritual enlightenment and abundance. She radiates a golden aura and holds a pure, deep centre of the greatest love, of the most beautiful presence, of the most mysterious oneness that is in you. She speaks.” (Channelled through Rysa Perisanna, ‘She speaks,’ YouTube video posted by rysa5, 10 March 2009, www.premieres.com. Note: I also found mention of the ‘Christic Feminine energy’ on www.blackmadonna.co.uk).

In one article I read that the Christic energy, the golden Christ, is masculine although it appears that it can be described as ‘essentially’ feminine although also masculine to some degree as well; that is, a certain balance of masculine and feminine energies as one would expect to find in any expression of divine being.

“This next 88... will serve as a framework to activate the Christ seed in the energy Grid of humanity [which is actually the ‘sacred feminine - collective divine energy,’ according to this writer]. Those who wish may enter into communion with the Christ presence in their hearts and thus, transform their energy grid, the matrix of what you know as reality and life, thereby bringing the Christ seed to expand in their consciousness and be able to reconnect to the cosmic Christ grid on earth. It is an unprecedented event, because today more than ever energy is increasingly powerful as we move to the centre of the galaxy, and we are increasingly receiving intense waves of love coming from the central sun, which reaches us through cosmic rays of light, which when enter in contact with the earth and human beings, they transform the consciences and hearts of those who are willing to receive the unity in their lives.” - Kai (‘88 Christ Seed Integration,’ 4 August 2009).

“As we awaken from the repressions of the patriarch system, men and women are reclaiming the sacred feminine both for our individual spirituality and for the wellbeing of the planet. Acts 2:17 'In the last days, God says, I will pour out my Spirit (Holy Spirit) on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. The awakening of the Holy Grail is at hand. The veil of Isis is lifting and revealing the Face of the Feminine Christ, the Beloved of Yeshua...Mary Magdalene. The ancient promise of the second coming of Christ, the Great Light that is
revealed through the awakening of the Holy Grail. The Vesica Piscis is the symbol of Magdalena, her power number is 8. She is the gateway of infinity, the key to Immortal Life of Consciousness and the Cosmic Christ Matrix. Mary Magdalene facilitates the activation of the Grail Light within the Souls Matrix, utilising the Spiritual alchemical transformation of base metals into gold. For those who are ready, this will be a life changing experience that grounds the vast areas of mysticism in the living body. Behold, we have dawned the Age of Aquarius and these energies are available to you for your ultimate awakening and life purpose.”
(From ‘Starseeds and Walk-ins,’ www.thenewcall.org/ri_starseeds_walkins.htm).
White or Golden?

The Spiritual Path

Don’t you know that you’re the people
The governments should serve
Don’t you know we’ve got to leave the past behind
No longer can afford to be blind
We need a new humanity
So come with us and don’t get left behind

There is a golden passage - the spiritual path
And it runs through the valley of tears
The tears are your own and you think you’re all alone
But when you’ve found your inner Self
You’ll know all as One and you will be free
So come with us and don’t get left behind

(Lyrics from a song I wrote that got left behind. I played it live with my little band in 1992 but later pinched the music to compose a fuller and more funky song).

Christ is an expression of Source, the First Son of the Goddess or something, and therefore also a level of ourselves as True Being. In Conversations with the Goddess, the Goddess states that She and Her First Son “are both the androgynous vibration of love which exists within the heart.” The Christ is generally described as being white Light although references to its golden colour suggest that, like the 12th ray, it is “the glorious, luminous, white gold, God Light.” (Sananda channelled through Michelle Coutant, 10 October 2010). According to the Goddess, Spiritual Ascension is the process of completely merging into the white Light (Conversations with the Goddess by Mark Amaru Pinkham, p.54).

“Take a deep breath, breathing in the golden white Light that you are, that surrounds you, that energises you, that IS you. As you exhale, release any worries or tension in your body. Breathe in deeply the Light of the Spirit. Feel it coming into the lungs, expanding the lungs. As you exhale, see the Love that you are being exhaled to all of your Brothers and Sisters gathered here. Feel the life force as it enters your being with each breath you take. Become aware of the energy in the place where you are at this moment. Envision yourself surrounded by all that is Good and Holy and feel the energy fill your Heart Centre and radiate outward in all directions. Call on the integration of your Earth Personality

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with your GodSelf, your soul. We now call on the assistance of the Seraphim, Elohim, Archangels, Angels, Ascended Masters, our Blessed Sananda and Lord Ashtar.” – Ashtar (channeled Through Aryaan of Sananda's Eagles, introduction from 'The Eagle Meditation,' [www.ashtarstrinity.sanandaseagles.com](http://www.ashtarstrinity.sanandaseagles.com)).

“I stand within the presence of the Divine Violet and Golden flames of the Golden Age. These flames have manifested within your presence and within your being serving as gateways into the Divine worlds of reunion with the Light...All of you, as I am sure you already know, are Divine aspects of the Gold and Violet flames of our cosmic parents. These flames are the ones that burn brightly inside of you, fuelling your inspiration and driving you to move forward and continue gaining power over that which creates the perception of limitation and fear...Imagine a beautiful violet and golden flame in the centre of your heart. Both these flames are aspects of the collective flame of divine illumination. Violet and gold are the colours of golden consciousness. Their frequencies are gateways to the golden paradigm, to golden consciousness...Beloved ones, the energy of the angels who brought the message of Jesus Christ's coming are in this Presence with you. They have come to notify you of the coming of Christ, this means the coming of a whole new wave of Christ energy. The 999 was the coming of Christ in the form of the golden egg of peace, but as this Christ now emerges from inside of you a new world is being born, it is the true dawning of the golden age, the age of Aquarius.” - Mary Magdalene (channeled by Michelle Eloff, ‘Planetary Grid Activation - Mt. Zion,’ 13 September, 2007, Johannesburg, RSA, [www.spiritlibrary.com/the-lightweaver/lady-mary-magdalene-planetary-grid-activation](http://www.spiritlibrary.com/the-lightweaver/lady-mary-magdalene-planetary-grid-activation)).

Kuthumi announces in one transmission, “I come forward this day on the blue Christ Ray, merged with the Golden ray of God. It is a most Blessed day this day...” (‘First Initiation of Christ Light - Heaven on Earth,’ channelled through Rev Lynette Leckie-Clark, 18 Jan 09, [www.kuthumischool.com/en/teachings/Volume7/first_initiation.php](http://www.kuthumischool.com/en/teachings/Volume7/first_initiation.php)). I’m pretty sure that I read somewhere, years ago, that the Christ Light ('Son') was created by the Creator as a golden bridge to help us realise our true nature as the Creator. It is a collective field of consciousness designed to enable individuals to raise themselves above the experience of material dependence and, therefore, separation from their higher natures, and from Reality.

St. Germain has made reference to “the White Light of the Christ shines everywhere.” (‘White Knights Honoured,' Statement of Support for the White Knights led by St. Germain, Ashtar teleconference, 6 October 2009, [www.ashtarontheroad.com/whiteknightshonored.html](http://www.ashtarontheroad.com/whiteknightshonored.html)). Perhaps he is using this term to refer to the I Am Presence because there is a connection between the two that no amount of theorising will ever enable us to fathom! I was contemplating the idea that this energy goes in white and comes out golden like toast (or chicken, or ‘Golden
Wonder’ crisps); that is, when we have been ‘cooked and toasted’ with higher energies (as St. Germain referred to me after a solar heart activation). I was just about to show my notes on this to a friend at another St. Germain event hosted by the AFW team in London when he answered my question by saying that he had always thought the Christ was ‘golden white.’ He must have read that somewhere, he agreed. In view of this information, my conclusion is that it can probably be described as white or gold Light or both. I might add that, during the latter part of 2008, I was practising a Templar meditation each day which consisted largely of bringing a ball of golden Christ energy down into each of my chakras from above my head (starting with the crown), visualising the combined series of illumined chakras as a unified column and filling my body and aura with its radiance. Nowadays, during meditation, I bring golden Light down through my crown chakra to fill my body and aura directly (I also do this with violet, green and white Light at various times).

Incidentally, Sananda mentions that the 13th chakra is that of our “Christ Consciousness and I Am presence.” - Sananda (channelled through Petra Margolis, ‘The 13th Gate,’ 5 October 2007, www.ascendedmasters.org).

It is my belief that the mysterious, reclusive Willy Wonka, in the children’s novel by Roald Dahl represents a mischievous Ascended Master like St. Germain, or perhaps the Masters collectively (who, as we have learned, somehow inhabit the new grid beneath the earth and the Violet Flame visualisations that St. Germain now recommends often include drawing up golden energy – presumably ‘Christ’ energy - from the earth). He is something of an alchemist, a magician, and an eccentric inventor (who appears ‘crazy’ to those who do not get it), who makes ‘chocolate,’ we might perceive, from the sweetness of love and happiness that realising one’s true Self as a divine being brings. His factory is famous for shipping confectionary to all parts of the world (a business which might, alternatively, be more symbolic of a service). I have never read the book so we’ll go with the film versions here. The five lucky children who find a Golden Ticket in their chocolate bars represent the various types of human character (mostly greedy, rude, selfish and spoiled!). Each is tested without realising that their host requires that the ‘winner’ exhibits the necessary qualities to ‘ascend.’ To this effect, at the end, Mr Wonka takes Charlie and his grandfather up in a lift which then takes off through the roof (of multidimensionality). These children are given a tour of Wonka’s chocolate factory during which:

“Each child is given their own Gobstopper; a candy that can be licked forever without ever dissolving away or losing flavour… Grandpa Joe is incensed, promising to get even with Wonka no matter what it takes and encourages Charlie to hand over the secrets of the Gobstopper to the rival Slugworth. But Charlie has a heart of gold, and returns the Gobstopper to Wonka despite the money it could mean for him. ‘So shines a good deed
in a weary world,’ says the candy-man, who explains that this was all a test to find a good and worthy child. Wonka admits that he was looking for a replacement, in addition to the chocolate, Charlie will get the entire factory to run on Wonka’s behalf. Then all three get in the Great Glass Elevator (called Wonka-vator, in the movie) and blast off into the sky.”


The child who is chosen to learn all of Mr Wonka’s secrets and take over from him as owner of the factory (as well as receiving a lifetime’s supply of chocolate!) is named Charlie Bucket, the poor but angelic boy with a heart of gold. He is honest and sincere and does not misbehave. He is not interested in competing and demonstrates unconditional love whilst also being the keenest to win. He displays Crystal qualities in other words. The other children are eliminated one-by-one as they fail their tests. What this story reveals is that divine power must be handled lovingly by a pure heart otherwise it backfires and becomes more trouble than it is worth. The notion of the elevator as a metaphor for visiting higher dimensions is born out, it seems, in Dahl’s sequel which is called Charlie and the Great Glass Elevator. The elevator is able to travel through space and Charlie and Mr Wonka succeed in using it to save Earth from a shapeshifting aliens called ‘knids’ (naughty kids again?).

“No one said you must be good as gold
It's what you haven't done
That matters when you're old
No one said these things are pre-ordained
Nothing ventured...”

- From ‘Cacka Boom’ by Ian Dury and the Blockheads.

Ah, well, the ways of old are waning now that the Golden Age is on the horizon and aspirations are rising to meet it. A return to innocence and the pure Light of the Spirit, of Reality, is now beckoning us all. ‘Stay gold’...

“As he lies dying in Chapter 9, Johnny Cade speaks these words to Ponyboy. ‘Stay gold’ is a reference to the Robert Frost poem that Ponyboy recites to Johnny when the two hide out in the Windrixville Church. One line in the poem reads, ‘Nothing gold can stay,’ meaning that all good things must come to an end. By the end of the novel, the boys apply this idea to youthful innocence, believing that they cannot remain forever unsullied by the harsh realities of life. Here, Johnny urges Ponyboy to remain gold, or innocent. Johnny now senses the uselessness of fighting; he knows that Ponyboy is better than the average hoodlum, and he wants Ponyboy to hold onto the golden qualities that set him apart from his companions.

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The quotation also recalls the period of time during which the boys' friendship blossoms and solidifies - the idyllic interlude at the church. During this blissful time, the two boys read, talk, and smoke, escaping the adult world of responsibility. Like the gold of the poem, however, this idyll is tinged with sadness. Just as the gold in the poem vanishes, the idyll must end, and the boys must face the consequences of the murder.”

(From a reply to a question about *The Outsiders*, the coming-of-age novel by S E Hinton, written when she was just 15, published in 1967 by Viking Press. The 1983 film version is a must-see.

www.answers.yahoo.com/question/index?qid=20081116182725AA1VB7m).

Finally….this is the information I was looking for:

“December 12, 12:12 is a day of intense awakening. The energy of 12:12 represents Union with the Divine, and signals an awakening of Divine Love on the planet. This empowered energy can be called the Light of the Christ or Christ Consciousness. It does not matter if one is Christian in religious beliefs, the consciousness holding Divine Love is not a person from history, it is an energy frequency of Golden Light and awakens the heart to unconditional love. It will be as though the heavens are downloading golden light. Many people are genetically encoded to respond to this gold light energy and it will signal a mass awakening.

On December 12, preferably at 12:12, take the time to sit in a visual bath of golden light, ask to awaken into the consciousness of the Christ energy, and pray for the enlightenment of all peoples. See hearts connecting in golden light, and know miracles happen when, together, we seek benevolent outcomes and peace on earth.

All through the season give your love away to others and see this loving gold light spreading around the world. Whenever a digital clock shows 12:12, it is a minute of power. You can visualise the golden light awakening love in the hearts of each person on the planet. Send your love to all in need. It is a good time to ask for the mass awakening of the Christ Consciousness. This is the power of Divine Light, Divine Love and Union with all that is good...

At the winter Solstice, as you honour the time for the earth to move toward longer light filled days, it increases your experience of light. When you ask for Divine Light to fill your own life, a transition occurs within you as well as the earth. The darkness before the dawning of longer days is symbolic of the darkness so many feel in their lives. Often this is the signal of spiritual awakening when one feels most despairing. It requires faith to know that Light follows darkness, and the energy surrounding the Winter Solstice can be used to encourage the strength of personal faith. This same energy can be used in the southern hemisphere, as they turn toward shortened daylight hours.

Consciously visualise the sun illuminating the earth and your being with Golden Light. See the sun’s rays enlightening the energy all around your body and feed the earth with this light. Your body is like an antenna for light-filled energy. When you ground this
energy by visualising Divine Light flowing through your body, out your feet into the earth, then the planet receives a blessing of the highest frequency of love. It is a wondrous gift to be able to give energy back to the earth that sustains and feeds you.

There is great power in observance of Divine Light at the Solstice. With a prayer to be one with the light, an intention is set and light will flood into the lives of those who are willing to receive. The power of light is expressed through expanded consciousness and wholehearted love. Receive Divine Light; allow it to fill every cell in your body. Ask to have all the dark spaces within you filled with light. Open the doors of your mind to the light and you will become enlightened.

For those reading this transmission, we ask your assistance by visualising the earth surrounded by Golden Light during the entire month of December and beyond. This light contains Divine Intelligence and Love, and will know how best to serve. Whenever you see a person who looks sad, or hear of troubled people anywhere, send Golden Light. You can send this light to places of disharmony and to government leaders. See them receiving Divine Love into their hearts. You do not realise the powerful affect this visualisation will have on planetary energies as great numbers of people do this work...

As people turn toward Christmas, hearts are opened for the birth of the Christ Light within. This light filled energy brings the qualities so many seek to receive. There is an expansive sense of Joy; a deep abiding Peace and more Love than has been experienced at any other time of the year.

You can call upon Divine Light to illuminate your mind and heart so you act as a Beacon of Light. The earth needs all those souls who believe in the power of this mass awakening. As you open to new possibilities in your own life, you may feel the protective presence of Angel’s wings surrounding you in love. As you become aware of the power of Divine Love, it allows the Christ Light to awaken within you and radiate from you. You then become a Light to the world. This is the way to Peace on Earth and Good Will among all beings.

And so it is.”

‘Christ Alchemist’ by L. Caruana, 1997
Resurrection

“A man goes on holiday to the Holy Land with his wife and mother-in-law. During the trip, the mother-in-law dies. The man visits an undertaker, who explains that they can ship the body home, but it’ll cost £5,000. Or they can bury her in the Holy Land for just £150. ‘We’ll ship her home,’ says the son-in-law. ‘Are you sure?’ says the undertaker. ‘That’s an awfully big expense.’ ‘Look,’ says the son-in-law, ‘two thousand years ago they buried a bloke here and three days later he rose from the dead. I just can’t take that chance.’”


"Only after disaster can we be resurrected. It’s only after you’ve lost everything that you’re free to do anything. Nothing is static, everything is evolving, everything is falling apart." - Chuck Palahniuk (from the novel, Fight Club, 1996).

A randy West Indian OAP (Lenny Henry) is trying to chat Mrs. Johnson up on a Christian coach trip:

Mrs. Johnson: Donovan! I am a Christian woman
Donovan Bogarde: Mrs. Johnson. I am a Christian man. I is a firm believer in the Resurrection. In fact, I has one nearly every morning.” (He is thrown off the coach).

- (Lenny Henry’s in Pieces, written by Lenny Henry and Gina Yashere, BBC TV, 2002).

In the words of Jeshua (channelled through Jayem):

“Easter celebrates resurrection. It has been made to celebrate my resurrection. But this has only served to turn your attention from the specialness - in the sense of your uniqueness -the specialness of your existence, your reality, and placed your attention on mine and on me, as though Christ is something merely historical - as if I am special in the eyes of our God.

Upon this Easter or whenever you read this, recognize that you have the power to celebrate and accept your resurrection as the living Christ by seeing beyond the boundaries of death, loss, fear, hurt, anger, projection, and the perceptions upon which projection rests. You are the one who has been reborn when you choose to remember only loving thoughts.

...For you have come to love yourself so much that you will accept only what is real. It is finished. The resurrection now begins.
Easter is your birthday. Easter is a time to celebrate that the crown of thorns has been removed because you have chosen to think only loving thoughts, and that you have remembered the power given unto you through which you transcend the awful, dreaded and suffering-filled experience born of fear. For in Love, there is only peace. In Love there is only the infinitude of pure Spirit. In Love is Christ restored to your consciousness. In Love are you returned.”

(www.wayofmastery.com).

The good news, says Sananda, is that we will not have to die in order to ascend. This common belief and expectation is now redundant. He explains that our Ascension will resemble his save for the transformation of our subatomic particles. All that we are will be transformed and accelerated into the fifth dimension. So we will not leave our bodies and enter a high state of consciousness.

“To Ascend, the body must die,” say the Ascended Ones, “because in its current cellular condition it cannot take in the power of the Christ.” Ascension, they say, is really ‘descension’: bringing it all into this form to the degree that one can. (‘Who Are the Ascended Masters?’ a talk channelled through Ashamarae McNamara, www.awakeningfromwithin.com). St. Germain has also stated that while human beings use only 10 per cent of their brain capacity it is difficult to activate more of their DNA (without special help I assume). Until now, he says, to ascend you had to leave the physical body and then create a new body in Spirit. But, now, this is not necessary since it is possible to ascend (to full consciousness) in your body. (Channelled through Ashamarae, 12 December 2009).

Ascension, this time, “is unique,” says SaLuSa, “because you will ascend in a physical body that has changed its body cells to make it suitable for life in the higher dimensions.” (Channelled through Mike Quinsey, 16 December 2009, www.gfbymikequinsey.blogspot.com).

“Ascension is being fully in-bodied yet vibrating at the highest possible frequency. We no longer need to leave our body in order to ascend. We can raise our vibration and step into the higher realms.” (From a YouTube video titled ‘Ascension – Raising Your Vibrational Frequency,’ posted by melchizedek144, 8 November 2008).

“It matters not whether you ascend with your body or without it - we await impatiently for your return, and look forward to our come-union (chuckles) with you as multi-dimensional beings. We love you dearly!” - The Brotherhood of Light (‘Communion & the Millennium Shift,’ channelled by Edna G. Frankel, 30 September, 2009, www.beyon dreiki.com).
“The actual experience of Ascension involves the lifting of your vibrational frequencies, which culminates in the physical lifting of your body in a high state of consciousness from the planet’s surface into the waiting light vehicles. And, yes, when I attained my Ascension, I was lifted into the light vehicles also. You could say that I went up into the spaceships, if you prefer to view them as spaceships. So you experience will be the same as mine, although your requirements will be somewhat less than mine were. Fortunately you do not have to go through the trials and tests that I did. What I went through was for all of you and all of humanity. You could say that I paved the way for this process. And I have been waiting for you for a long time. So I am very excited to see the fruition of all the work we have been doing here for thousands of yours. For thousands of years the Ashtar Command and ascended brotherhood have been working. For thousands of years we have been waiting for this time. And we are very happy and exited that our wait is all but over and that we will be reunited with those of our family. I am speaking of you now. And we will have the opportunity to do some very vital work with the mass of humanity also.

So you will be lifted. You may call it evacuation or you may call it Ascension. These terms are related, but the evacuation refers to the lifting of your physical forms. The Ascension refers to the experience of making the shift into the fifth dimension and beyond. This occurs shortly after the lifting. It is one process with two phases, you might say.”


“Crisis points can give us the impetus we need to summon spirit; hence the emphasis on near death experience in mystery initiation. I think you are right in drawing the analogy between suffering and enlightenment, but I think it can be tempting to get too caught up in one’s own sense of suffering as the lesson can be to move on. We die in Christ to be raised by the Holy Spirit.” – Charlotte Cowell (Architects of Enlightenment Facebook group, July 2011).

“When you suffer grievous pain and come up against harsh conditions, you are crucified,” says White Eagle. (Channelled through Grace Cooke, ‘The Light Bringer. The Ray of John and the Age of Intuition,’ The White Eagle Publishing Trust, Hants., U.K., 2001, p.34). He suggests that “the crucifixion is continually taking place with every violation and denial of the Christ-being which is living in the heart of every member of the human race.” (ibid. p.34). Crucifixion means that we are “very close to the great awakening, to the resurrection.” We will then find “greater beauty and more satisfying, deeper happiness” than we have ever known. “So when crucifixion comes into your life, whatever form it takes, remember that after crucifixion follows the resurrection, and after the resurrection follows the Ascension.” (ibid. p.34).
Conclusion

“Continue your journey joyously knowing that you are Oneness in the Christed light, the infinite, eternal unconditional love essence of Creator wherein all souls have their Beginning.” – Matthew (channelled through Suzanne Ward, 11 August 2011, www.matthewbooks.com/mm/anmviewer.asp?a=138&z=2).

The Christ Self is the mediator between the soul and the I Am Presence. It is one’s true Self. It is an expression of the Goddess, who appears to provide the underlying energy and consciousness for all of Creation, and a level of our being which prevents us from remaining insane and forgetting our divine nature permanently. As such, it is ‘obtained’ through initiation and is our ‘passport to freedom,’ in a manner of speaking. The Christ may well form the collective foundation of all worlds in the realms of Light to which it connects us. Thus, as we graduate from the school of Earth and rediscover our true nature as love, power and creative intelligence the world in which we currently live is gradually going to be lit up, one heart at a time. The Second Coming is a collective awakening resulting in divine Light shining through all and raising our consciousness to the level of Christ. And love is the key!

“‘The Bible teaches us that we can become like Christ and do even greater things. It teaches us that He begot many brothers and that many of us will one day be able to reach the same state as Christ (Romans 8,29). This agrees entirely with the declarations made by space visitors when it was said that the Earth was like the lowest class in a school.’” - George Adamski (quoted by Peter Kolosimo in Not of This World, Sphere Books Limited, London, U.K., 1969).

Since pink is the colour of divine love and gold that of wisdom, and since the Christ has been described here as combining Divine Love and Intelligence (Light), Christ energy is a form of Divine Wisdom that is also Love and brings us into Divine Love. I believe the pink vibration of love to be purer and higher than the golden-white energy of the Christ even though it contains that love which is the feminine side of the Creative Source, or God. Lord Maitreya (channelled through Natalie Glasson), on the other hand, refers to the Christ and Buddha as love and enlightenment respectively. He appears to describe Buddha energy as the Creator’s wisdom as derived through love (the Creator’s perspective on life!):

“Within the Creator's universe and soul there are many energies, light and consciousness that are prominent and remain as powerful symbols or aspects of the Creator's essence. The energy which has been labelled the Christ energy holds the purity and essence of the Creator's soul; it retains the energy that is the foundation of everything, both on the ~ 62 ~
Earth and on the inner planes. It is the energy and intention of unconditional love. When we begin to accept the unconditional love of the Creator as our truth and as a foundation to manifest anything we desire, we begin to understand that separation is a false belief and that miracles, security and abundance can develop from something so pure as love, especially when it is used and shared with the presence of wisdom and knowledge.

Love holds its own wisdom and consciousness and yet we must learn how to accept, embody and share unconditional love. The Christ energy is a testimony to the unconditional love of the Creator, it is a complete energy which holds the consciousness of love and yet it is much more, it is a development of unconditional love, holding within it techniques, practices and routines to aid the expansion and greater presence of unconditional love. The Christ energy of love allows all souls of diverse vibrational energies to feel the immense power, richness and strength of the Creator's love at a vibration that is appropriate and not overwhelming. The Christ energy allows us to become the Creator's love, creating links that are so strong that they draw us back home, to the essence of the Creator's soul, away from limitations, false belief and distractions.

I, Lord Maitreya, act as a representative of the Christ energy of love, I hold within me a beacon of Christ light for all to grasp and accept with ease and honour. It is my mission to ensure that the love of the Creator which naturally exists within you, thrives and blossoms, helping you to understand and place this sacred energy into your actions and thoughts, therefore becoming an embodiment of the Creator's loving consciousness. While love exists in many forms the Christ energy has become a source that is pure and filled with a richness of wisdom. During this meditation I wish to bring forth the Christ energy of love and assist you in accepting a higher vibration of love which we will then link into the energy of the Earth.

The second energy that we wish to recognise as a prominent and valued energy within the Creator's soul and the Creator's universe is the energy of Buddha. This sacred name is held by many light beings and souls on the Earth and the inner planes, being used to describe those that have achieved a certain level of enlightenment. I, Lord Buddha the Planetary Logos hold this title as a symbol of the wisdom that I hold and share with others. The name can very often symbolise a person who shares or teachers enlightenment, one who opens their heart to the vast knowledge of the Creator as an all seeing and all knowing source of light, with a feeling of devotion and dedication in transferring their insights into the consciousness of others. Buddha continues to be associated with the stream of wise light that flows throughout the universe and weaves into our beings and reality. Buddha is an energy connected to the philosophy and deep thinking of the Creator, it demonstrates a view and holds a consciousness that is quite unique and stems from love.

The Buddha consciousness, like the Christ consciousness is a vibration that is available to all whatever path they walk and whatever level of growth they have achieved, it is an energy that encourages a person to delve deep into their energies and thoughts to discover more than they currently understand about their reality and
existence. The energy of Buddha is needed on the Earth now and within the energy vibration of humanity to begin to awaken new perspectives, opinions, views and understandings, to encourage people to look with spiritual, wise and loving eyes into the world, seeing not only the truth but the beauty and presence of the Creator; looking beyond disasters and chaos to understanding the Creator's purpose of everything that we are aware of on the Earth.

As we begin to draw upon these energies we see the connection between them and the great transformation that both energies can create when united and accepted.”


“A new world is coming into being and you are here to assist in its birthing. You are the midwife and the pregnant woman, the father and the mother. Together you are bringing forth the Christed child, within yourself and your world. The Christed frequencies are returning to this world and you, with your glorified light body and unified force field, will anchor those energies here.” - The Angelic Legions of the Divine Mother (channelled through Tazjima, ‘Metamorphosis – All is in a State of Flux,’ 26 Feb 2013, www.aquariusparadigm.com/2013/02/26/tazjima-message-from-the-angels-metaphorosis-all-is-in-a-state-of-flux).